

# Woman Day



**BINDI'S  
SHOCK  
PROPOSAL**

**MARRY ME  
NOW!**



**How  
I dropped  
41kg**

**ADELE'S  
WEIGHT-LOSS  
WEAPON**



**AUSSIE MUM**

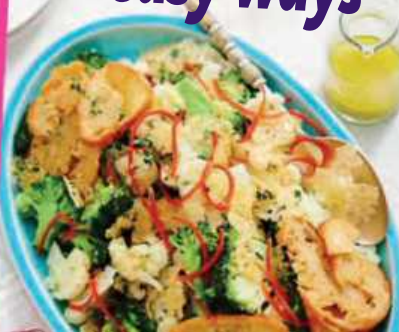
**'HELP!  
I'm having  
FIVE  
babies!'**

**OUR  
MIRACLE  
BABY!**

**Pregnant  
at 48!**



**WANT TO JAZZ  
UP YOUR SALAD?  
4 easy ways**



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LOOK  
AT BEC  
NOW!**

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# LOADS

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# LESS

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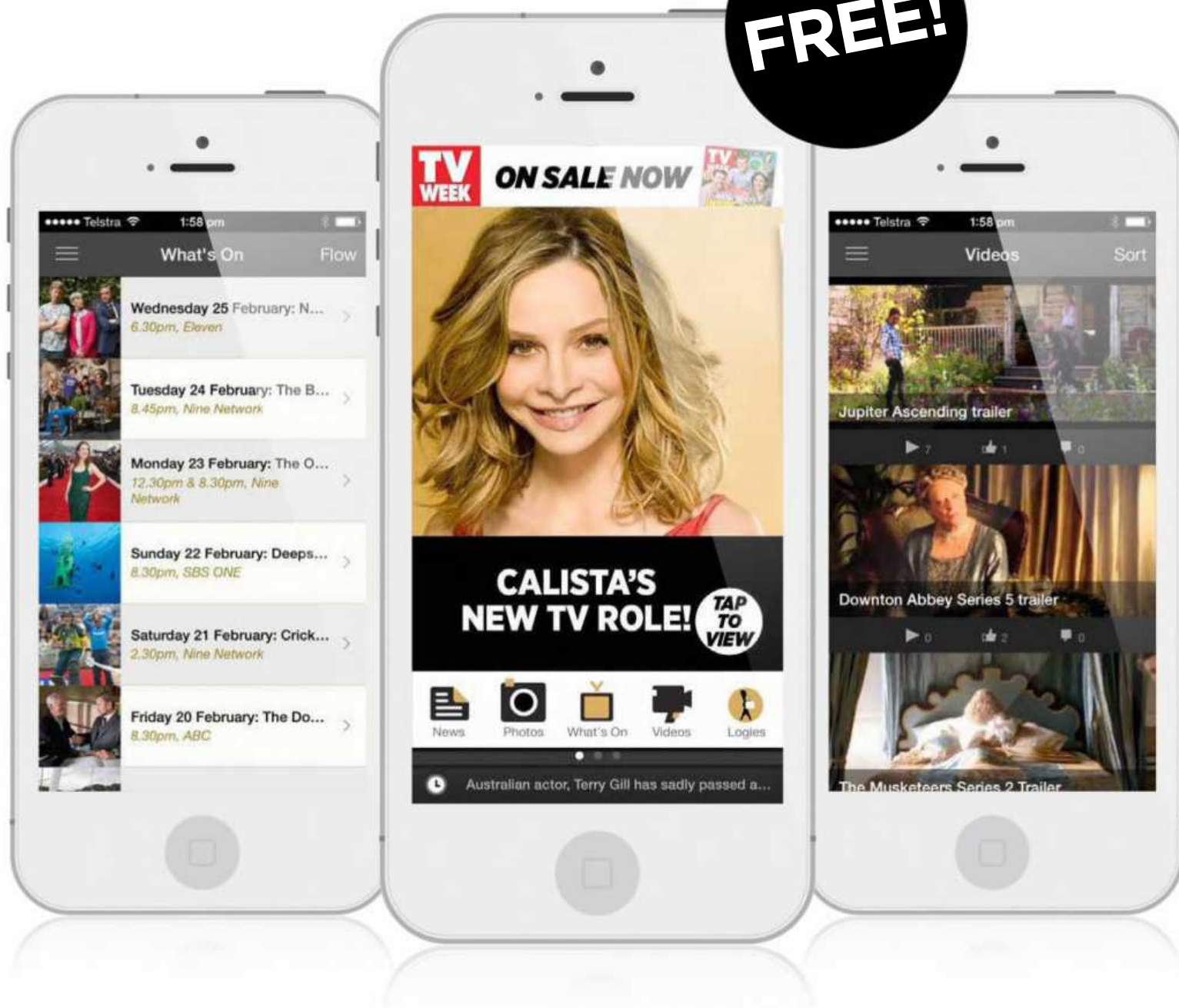
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# Hi everyone!

When learning probability at school my head used to spin, but I do recall one statistic – the chance of tossing 20 coins in a row and them all coming up tails is roughly one in a million. That, and buying lottery tickets is a total waste of money! This week we meet Perth mum and dad Kim and Vaughn Tucci, who are coming to terms with their shocking one-in-55-million pregnancy – naturally conceived quins.

Already a mum of three, Kim decided to try for one more, hoping for a boy. But what showed up on their first ultrasound scan has rocked their world: not only a baby boy, but his four little sisters all at once! Still in shock, they share their remarkable story with us (p33), before Kim literally moves into hospital just after Christmas.

Speaking of which, can you believe we're just four weeks away now?! Make sure you check out our gorgeous outdoor Christmas menu (p36) and make-ahead desserts (p44). Enjoy!

*Fiona*

*We'd love to hear your thoughts*  
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Is a baby on the way?



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One-time party boy Corey Worthington gets married in Bali.



Part 2 of our festive fare: Outdoor

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# What the frock?

**RICHARD REID** RATES HOST J.LO'S WARDROBE

7/10



## GLITZY GIRL

No stranger to flashing her flesh, Jennifer Lopez's hosting gig at the American Music Awards gave her the platform to display copious amounts of skin! Perhaps the glitziest of the diva's cleavage-parading creations is this glittering Julien Macdonald dazzlefest. Brilliantly embellished with zillions of baubles and beads, all she needs is a tiara to crown her Queen of the Universe!

2/10

No butts about it!



## SLASHER

Ass-toundingly tacky! With Lopez literally tied into oodles of silk crepe, it's hard not to crack a smile as she attempts to confine her curves in an embarrassingly brazen Nicolas Jebran outfit. The 46-year-old has never lacked confidence, but it sure led her ass-tray this time! If you close your eyes you can probably hear her song *Booty* playing somewhere in the distance.

9/10



## STAR POWER

If you need a reminder of Jenny's megastar status, look no further than this out-of-this-world winged wonder! Emblazoned with a galaxy of twinkling shooting sequins, J.Lo turns to her fave designer Zuhair Murad to whip up a starry-night catsuit. Hypnotically alluring, her stick-straight mane and lush burgundy lips help this fierce flapper to take flight.



# AMERICAN MUSIC AWARDS

10 frocks  
in three  
hours!

10/10

Richard's  
fave!

## FAIRYLAND

Take a twirl, girl! Seemingly floating across the stage on a cloud of flickering fairy dust, Lopez pulled a major switcheroo when she emerged in this ultra-sweet Michael Cinco party frock. Festooned with dazzling diamantes and ruby sequins, Jen didn't need to drag out the girls to turn this creation into a crowd-pleaser. Messy topknot is endearing.

4/10

## NUDIE

Just when you thought it wasn't humanly possible for the diva to be even less dressed, she peels off yet another layer! Sorry to sound like Captain Obvious here, but her carefully placed crotch appliques are pretty suggestive, right? Spectacularly risqué, J.Lo proves yet again that when it comes to sheer nerve and raw ambition, she has few competitors.

8/10

## CAPE FEAR

After an evening of sass, shimmer and sexy see-through, Jen reveals another dimension to her diva-liciousness – classy! With this billowy canary yellow kaftan-style jumpsuit, designer Michael Costello goes for gold with the addition of a dramatic floor-sweeping cape. J.Lo's most sophisticated and subtle look of the night is perhaps her most divine.





# Nicole & Keith

## SHOCK THE WORLD

### WE'RE HAVING A BABY!

For Nicole Kidman, the past 18 months have been full of surprises – the tragic sudden death of her father, moving to London away from her US home to return to the stage, and her daughter Isabella Cruise getting married.

And last week, Nicole and her husband Keith Urban silenced rumours their marriage was on the brink of collapse with the greatest surprise of all: they're expecting another baby!

Nicole and Keith, both 48, were reunited on the red carpet in London last week – and they couldn't hide their joy, sharing

the happy news they themselves can scarcely believe.

After many years of longing for another child, and speaking openly about her dream to fall pregnant once more, Nicole, clad in a figure-hugging dress, proudly presented a growing baby bump to photographers. Looking more in love than ever, Keith placed a hand protectively on her tummy.

The pregnancy marks a fresh start

for the couple, after what's been a challenging 12 months.

They've spent long stints apart while she was in London and he was filming *American Idol* in the US, and weathered claims from

a number of women rumoured to have had romances with the country singer.

**The past year has been tough on Nicole's family too, who will relish the happy news.**

Nicole and her sister Antonia lost their dad Antony Kidman suddenly, late last year.

"When you're a very, very close family and you lose a parent, the family is in such disarray for a long time, you know, in such pain," Nicole told ABC News.

And in April, the family was rocked again when Antonia's ex-husband Angus Hawley – the father of four of her six children – died suddenly from a heart attack aged 46.

Nicole was also reminded of her strained relationship with the two adopted children she shares with ex-husband Tom Cruise, when daughter Isabella wed without her by her side in October.

show], so I would like to think he is somewhere offering support."

Last year, Nicole revealed she and Keith – already parents to Sunday, seven, and Faith, four – were desperate to expand their family one last time.

"I hope every month I'm pregnant, but I never am," she said. "I'd be jumping for joy."

#### Perfect timing

As is so often the case, Nicole and Keith's dream has come true when they least expected it.

It comes at the perfect time, with Nicole's West End stint wrapped up last week. In recent weeks she's appeared downcast and not herself, and it's likely she's been suffering similar symptoms to those that accompanied the

**'Keith and my kids... I mean, really, that's where my joy is'**

Pictures: AAP, Getty Images, Rex Features, Splash.



#### All the signs...



#### Four months

At the 2008 Oscars Nicole was four months pregnant with Sunday. Her rounded tummy and the couple's trademark nuzzle were a giveaway.

#### Happiness at last

Now the family have something truly special to celebrate.

Family was on Nicole's mind when she won Best Actress last week at a London stage awards night, dedicating her success in West End production *Photograph 51* to her late father.

"I did this [play] because my father died a year ago, and he was a scientist... This is my way of acknowledging him," she said. "He knew I was going to do [the



# h WORLD IVING

The pair share news of the baby that's saving their marriage

writes **ERIN HOLOHAN**

"severe morning sickness" she described when she was carrying Sunday in 2008.

Nicole has been concealing her bump, rugging up against the winter chill in London with layers of baggy clothes.

But after her red-carpet announcement, she'll be letting everyone see her growing belly.

For the actress, who's spoken of her great joy at being a mother, **the birth of her baby and the completion of her family will heal her heart.**

Last week she revealed Keith and her children are the most important things in her world.

"I could live anywhere, really, as long as I had Keith and my kids," she said. "I mean, that's really where my joy is."

New baby bump pics!



**Six months**

In April 2008 when Nicole was six months pregnant she was starting to show a more obvious bump.



**Seven months**

But as her due date drew closer, at seven months, there was no mistaking it. And the nuzzling continued!

**Completing her family will heal Nicole's heart**





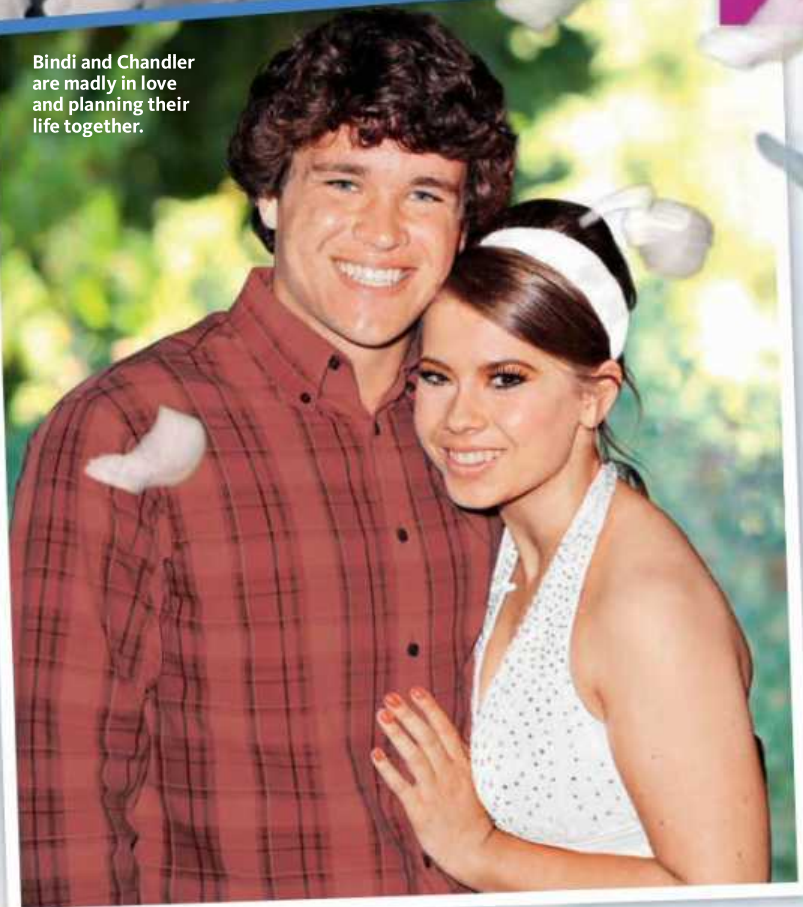
The happy couple have been gleefully gushing about each other on social media.

Winners are grinner!



# Chandler 'Marry m

Bindi and Chandler are madly in love and planning their life together.



Not only did she win *Dancing With the Stars* – now Bindi Irwin's man plans to propose!

**S**he's on a high from her win on the US version of *Dancing With the Stars* last week, and now Bindi Irwin appears set for a double celebration with news that her boyfriend, Chandler Powell, is planning to propose.

The pair only announced they were dating five months ago, but 19-year-old Chandler has already decided he wants to spend the rest of his life with Steve Irwin's daughter, and is planning the perfect proposal when the time comes.

"Feel very blessed to have you in my life," he captioned a recent Instagram photo of

him cuddling up to 17-year-old Bindi. "Counting down the days until I get to see you again!"

## Crazy in love

Chandler and Bindi first met when he visited Australia Zoo two years ago. Since then, their relationship has blossomed into a real-life fairytale.

"I was blessed to meet Chandler and his family back in November, 2013," says Bindi.

**'He is a soul who makes me smile no matter where I am in the world'**

"We remained in touch and stayed friends. Since then, our friendship has developed into something really special. I feel lucky to have him in my life."

Today, the cute young couple couldn't be more in love.





# 's surprise: me, Bindi!'

They're each other's biggest fans. Chandler supports Bindi's various wildlife missions, and **he cheered her on from the sidelines during her *Dancing With the Stars* win with dance partner Derek Hough.**

Meanwhile, Bindi regularly uploads sweet sentiments about Chandler on social media and praises his achievements.

"He is a real gentleman and so sweet," she recently gushed. "[He is] a person who inspires me every day, and a soul who makes me smile no matter where I am in the world. I'm blessed to be a part of [his] world."

While getting engaged at such a young age may surprise some people, those close to Bindi and Chandler say the couple aren't your average teens in love.

They're mature, committed, and extremely traditional when it comes to their romance, with the pair even sending each other love letters in the mail.

Bindi also wants a fairytale relationship like her parents – Terri and Steve had a whirlwind courtship, and married within eight months of meeting.

"[Chandler] is lovely," Terri, 51, said on *Access Hollywood*.

"It's funny, because his folks were showing me photographs of him in his khaki shirt when he was six years old, wanting to be just like Steve. So it's eerie and so special that they're together."

## Bright future

While Bindi and Chandler may not be ready to walk down the aisle just yet, they are confident it will happen one day.

"Chandler is just amazing – I got a good one," says Bindi, who also dreams of starting a family of her own.

"I'd like to be able to pass on everything I've learned to the next generation, and hopefully they'll carry on where I will one day leave off," she says.



L-R: Derek, Terri, Bindi and Bob Irwin, after the DWTS final.

## Bindi and Derek: mates for life!

From the moment Bindi and Derek joined forces on *Dancing With the Stars*, the friendship between the two of them only became stronger.

"Derek's like a big brother," Bindi tells *Woman's Day*. "He has given me the greatest gift. I don't think he realises how much he's changed my life."

The dance partners are now so close that Derek will be heading to Australia in a couple of weeks to visit Bindi, and "tackle crocodiles and get my official khakis!"

"I feel I am ready to switch roles," says Bindi. "I'm going to teach Derek how to cuddle tigers and kiss koalas."



# Adele's weight-loss triumph

## How I lost 41 KILOS!

The singer's fresh take on health has paid off

**S**he's the hottest artist in the charts, but it's not just her music that has left her fans lost for words. Adele wowed onlookers when she stepped out earlier this month looking fitter, healthier and happier than ever before.

Now it's been revealed the 27-year-old Brit has dropped an impressive 41kg, a feat the singer says is thanks to mindful eating and regular exercise.

It's been a process that began after the birth of son Angelo in October 2012, when **Adele became a vegetarian with her partner Simon Konecki in an effort to be healthier.**

Like many others, she's tried to cut down on sugar, but says she won't deprive herself. She and Simon have also begun jogging with dog Louis to stay active.

Although she now hits the gym as well, Adele says it's a chore. "I mainly moan. I'm not skipping to the f\*\*\*ing gym, I don't enjoy it," she told *Rolling Stone*. "I do like doing weights."

The Brit singer looked a whole lot different back in 2008.



**'I mainly moan. I'm not skipping to the f\*\*\*ing gym. I don't enjoy it'**

**And she's not trying to fit in with Hollywood's body ideals, saying, "It's not to be a size zero or anything like that".**

There are rumours Adele and

Simon will tie the knot this year, but she isn't giving too much away. "We've got a kid together. I feel like that's a big enough commitment."



## Her food & fitness rules



**DO**  
walk the dog

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**DO**  
go jogging



**DO**  
lift weights



**DON'T**  
eat sugar

**DON'T**  
eat meat



Adele has approached her health with her usual straight-up style.



# Give the gift of Creativity

This Christmas, set an imagination free with adult colouring gifts.

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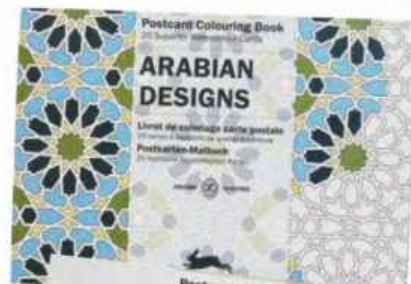
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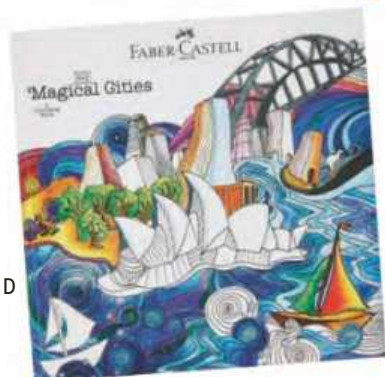
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**WOMAN'S  
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Heartbroken Lisa Curry has turned to ex Grant Kenny, seeking solace as her relationship with Joel ends

**L**isa Curry had called him the "love of my life", but after a series of explosive arguments and personal dramas for Lisa, musician Joel Walkenhorst walked away from their relationship last month.

Joel, 33, told 53-year-old Lisa he felt their time together had run its course, leaving the former swimming champion "shattered", blaming herself for failing to put Joel first in her complicated life.

"He worshipped the ground Lisa walked on, and the 20-year age gap honestly didn't matter to

Lisa Curry is facing life alone again at 53.

The rumours have started  
**Is this Lisa's new man?!**

Rumours have been swirling about Lisa and Elvis impersonator Mark Andrew Tabone. She'd make a great Priscilla, but it turns out they're just friends. In fact Lisa met Mark through Joel, and they're all close.

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**'Joel never begrudged Lisa time with the kids and Grant'**





# heartache JOEL KS OUT

him," reveals one of Joel's mates. "But he was worn down after one too many blow-ups."

## Hemmed in

There were hints things weren't always rosy in the relationship, earlier this year, when the couple returned from a "dream" two-year journey around Australia.

**Lisa claimed if she'd had a licence to drive a motorhome she may have left Joel behind,** while he admits they had more arguments than he could count, living in such tight quarters.

The couple also endured the sadness of finding out Lisa - who has children Jaimi, 28, Morgan, 25, and Jett, 21 - with former ironman Grant Kenny - could never have a baby with Joel, who wants to be a father.

**'It was always Lisa saying Joel will go off and have a baby. It was her insecurity'**

"He never made an issue out of it or made her feel bad," says the mate. "It was always Lisa saying that he would go off with someone and have a baby one day; it was her insecurity. She wanted it to last forever but was too frightened that it wouldn't, and that helped push him away."

Joel took some time out on the relationship a few months ago, travelling from Maroochydore to Victoria to be with family.

They did patch things up for a time, "but this time the split is for good. The problem is what it's always been - too many dramas!"

It was the dramas that caused more tension between them than the close relationship between Lisa and Grant, from whom she split in

2009 but never divorced.

"Joel never begrudged Lisa her time with the kids and never got jealous of her relationship with Grant," our source says.

**"Grant and Joel never met, because Grant didn't want to make the effort. And Joel never made a scene about wanting to be included - he always took a step back so nobody got upset."**

"All three of the kids adore Joel. I know they're upset too."

Lisa had hoped Joel would one day propose. "If Joel had asked her then yes, absolutely, she would've married him," says a surf club friend of Lisa's.

"It's something they often talked about. But she is still

Their two-year road trip added tensions. "We have vastly different opinions," Lisa has said.



married to Grant. I think that gives her some false sense of security, because she hasn't completely cut the tie there."

While Joel could cope with Lisa's fame, and her ex's, he couldn't compete with her drive, telling friends that the spark dwindled as she focused on her career.

## Different people

"Lisa works as a public speaker and motivator, so she has to be confident, but she couldn't seem to switch it off," says our source.

**"She has a bit of a temper and was snapping at him a lot. Lisa knows she was treating him too much like he worked for her."**

"Lisa always walked ahead of him and was very loud, while Joel

trailed behind, not seeking any attention."

Friends say Lisa's shattered to find herself alone at 53, and has been looking to Grant and her children for support.

"Despite all the ways she pushed him away, Lisa is utterly heartbroken," our source says.

"She admits Joel is the love of her life, not Grant. Joel got Lisa, and they had lots of fun, always goofing around, having a ball in ways she never did with Grant."



Captioning the pic, "My family", Lisa celebrated son Jett's 21st with daughters Morgan and Jaimi, Jett and ex Grant.

## Fifi's heartbroken too

Radio star Fifi Box, mum to Grant's two-year-old daughter Trixie, is also looking stressed since finding out that his ex-wife Lisa - who was always the third person in their relationship - is once again leaning heavily on Grant for support. She was seen looking drawn and tired in Melbourne last week as Lisa posted a shot of herself with Grant and their three children, who became close to Fifi after Trixie was born.



Fifi, here with Trixie, looked worn out after the news broke.

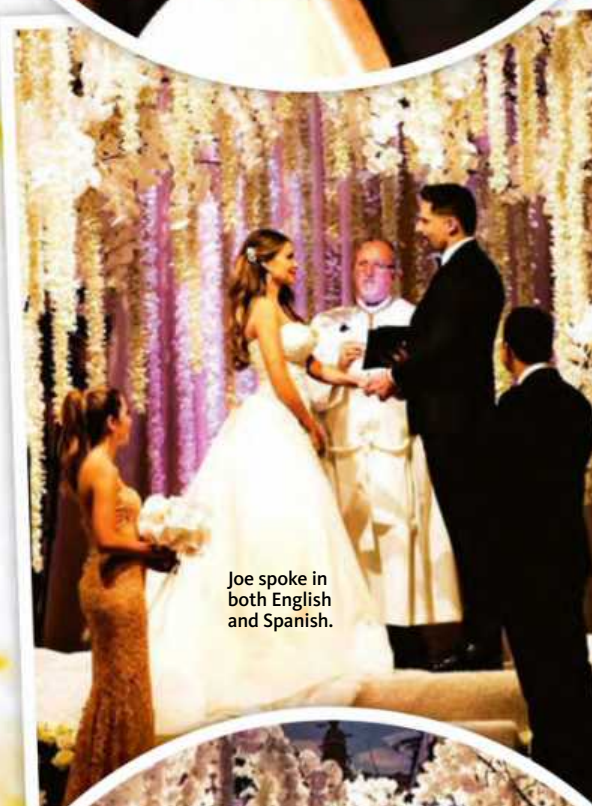


# *Sofia & Joe's fairytale w* **Was she a PREGN**

New York cake queen Sylvia Weinstock crafted the multi-tiered masterpiece.



Their first dance as husband and wife.



Joe spoke in both English and Spanish.



Designer Jeff Leatham created a floral wonderland.



# edding

# ANT BRIDE?!

Sofia with her gorgeous flower girls and ring bearer.

Friends say the newlywed pair are keeping a secret *writes ERIN HOLOHAN*

**W**hen *Modern Family* actress Sofia Vergara wed *Magic*

*Mike* hunk Joe Manganiello in a stunning ceremony in Florida last week, it was truly a spectacular affair.

The couple made it official in front of friends, family and co-stars in a lavish, weekend-long event that saw Sofia, dressed in a sequinned gown, walk down an aisle adorned with flowers to say "I will" to her loving husband.

But according to an insider, 43-year-old Sofia and Joe, 38, may be sharing some even more exciting news in the coming weeks.

Friends say the happy couple are already expecting their first child – something they've been planning for some time.

"Rumour has it Sofia might already be expecting," an insider tells *Woman's Day* exclusively.

"She barely sipped on her champagne as a toast was made to her and Joe's happiness."

Sofia – who was walked down the aisle by her 23-year-old son Manolo – told *Woman's Day* earlier this year she and Joe would try for a baby immediately.

"Joe's younger than me. He's never had kids," she said. "I tell him if we're going to [have kids], we have to

**'Joe is younger than me. He's never had kids... We have to do it, like, now!'**

do it, like, now, because I don't want to be 50 with a baby."

Joe, who pledged his love for his wife in English and Spanish, says fatherhood is a dream for him. "I've always wanted to be a dad," he told *Haute Living*. "I've always wanted kids. I've always been open about that."



Sofia's son Manolo walked the bride down the aisle.

The happy couple look forward to a beautiful future together – and kids – soon!



## A modern family wedding

They've been her on-screen family for years, and when the cameras stop rolling, Sofia's *Modern Family* co-stars are her best friends. So it's fitting Ty Burrell, Eric Stonestreet, Jesse Tyler Ferguson and Reid Ewing were there to share her big day. Her *Hot Pursuit* co-star Reese Witherspoon and Joe's *Magic Mike* mate Channing Tatum came along too.



(L-R) Ty, Eric, Jesse and Reid cheered Sofia on.

Pictures: Instagram.



When Kate gets a day to herself, she likes to grab a coffee in town.



# ROYAL CONFIDENTIAL THE SECRET of Wills

The couple are living a life very different from most other royals **writes ERIN HOLOHAN**

**T**hey're arguably the most famous members of the British Royal Family.

But when the Duke and Duchess of Cambridge aren't in London or travelling the globe on official duties, their everyday lives are a far cry from a typical prince and princess's.

**When they're away from the spotlight, Prince William and Duchess Kate, both 33, live a remarkably ordinary life.**

They don't rely on servants or have fancy meals cooked for them every night. Instead, the young royals and their children – Prince George, two, and Princess Charlotte, seven months – prefer

to live just like everyone else in their country town of Anmer, in the east of England.

"They are very ordinary and live a very boring and mundane life," a friend recently revealed to British newspaper *The Sun*. "No glamour, no glitz."

## Living like locals

According to people who live close to Kate and Wills's Norfolk home Anmer Hall, the couple could easily be mistaken for any other young parents.

The Duchess buys groceries at the local supermarket, and occasionally pops into the village garden centre to buy a new pot or a plant to add to her collection. **She also grows her own vegetables, which she loved to use cooking family dinners.**

"Kate loves that she can wait in line at the butcher's with George and nobody bothers them," a resident explains. "The protection officers keep well back, so she seems to be just like any other mum on a day out with her son."

## Hands-on mum

When the children's nanny, Maria Borrallo, has things under control at the house, **Kate gets to enjoy a little "me" time, picking up a coffee from Starbucks and shopping for antiques.**

But according to locals, she's a very hands-on mum, and likes to be responsible

Wills has been known to take the train, with his dog Lupo.





NTIAL!

# RET LIFE & Kate

No hired help:  
Kate likes to do  
her own grocery  
shopping.

The royal couple  
are often seen at  
the supermarket.



for keeping boisterous young George entertained.

"Kate has an annual pass to the petting farm at Snettisham Park," another local explains. "George is animal crazy and loves to feed the pigs and lambs."

When Kate and Wills do manage to get a rare evening to themselves, they often head to the local pub for dinner or enjoy a night in together.

"What they really like doing is going home, lighting a fire and opening a good bottle of wine."

Their "normal" life is a far cry

from the very public childhood of Wills and Harry. But as far as Kate's concerned, it's important

her children experience a similar middle-class upbringing to her own.

"I know I was lucky,"

the duchess said in a speech for children's mental health charity Place2Be recently. **"My parents and teachers provided me with a wonderful, secure childhood where I always knew I was loved, valued and listened to."**

**'Kate loves that she can wait in line at the butcher's and nobody bothers them'**

Kate does the heavy lifting



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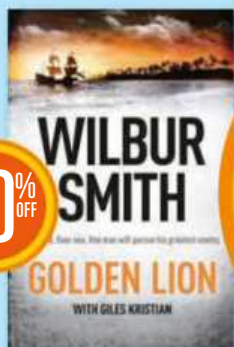
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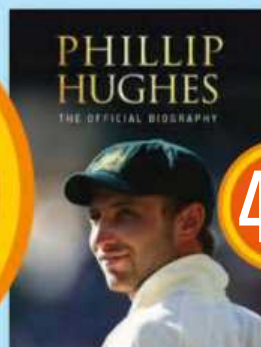
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Think Big

BIGW



# Don't look now, Brad Ange's on-set flirt fest with another man!

Things get hot and steamy in Cambodia

**A**ngelia Jolie has been spotted getting cosy with assistant director Adam Somner on the set of her movie *First they Killed my Father* in Cambodia.

According to one onlooker, Ange couldn't stop laughing in the company of her rugged assistant last week.

It comes after she revealed she butted heads with hubby Brad Pitt while shooting their newly released movie *By the Sea*. "It was hardest [when] I was directing our fight scenes," she told *People*.

But it seems the actress isn't having any problems with Adam. His experience on high-profile films such as *Gladiator* and *The Wolf of Wall Street* would no doubt appeal to Ange, who's been slammed by critics for *By the Sea*.

"This movie means so much to Ange, and she wants it to be perfect because she knows that she's presenting the country's most important story of the past century to Hollywood," a source tells *Woman's Day* exclusively.

Adam is very experienced, with *Gladiator* and *The Wolf of Wall Street* under his belt.

Angelina is joined on set by son Maddox, 14, while Brad, 51, is filming in London.

While the couple have spoken of the strength of their marriage, it's likely Brad isn't impressed by her new friendship.

"Everybody knows Ange is naturally flirty, but she seems to have been going into overdrive since filming started."

The pair, holed up in the jungle, can't stop giggling.

Very secluded

## Suri's new heartache I MISS MY DADDY!

**S**he's barely seen her dad since September 2013, and she's spent a fifth of her life without him – but Suri Cruise is feeling Tom's absence now more than ever.

According to reports, the nine-year-old was heartbroken when Tom, 53, who split from her mum Katie Holmes in 2012, wasn't there to see her sing in the school choir.

Katie, 36, tried to console her, but Suri reportedly broke down

after the performance.

"Suri misses her dad so much," a source told *National Enquirer*. "Katie does her best to be a hands-on mum, but there's no replacing a father."

The reason for Tom's absence is unconfirmed, but it's believed Suri and Katie are perceived to be Suppressive People by the Church of Scientology. As Tom's a devotee, he can't see them.

Suri was upset Tom didn't see her sing.





Kurt and Goldie have been smiling together for three decades.

## Goldie & Kurt Finally marrying ... after 31 years!

**T**he pair's romance spans more than three decades – an impressive feat in Hollywood – and now Goldie Hawn and Kurt Russell are finally making it official.

According to reports, the inspiring couple are set to wed early next year in a Wild West-themed ceremony at their ranch in Aspen, Colorado.

It comes after Goldie recently celebrated her 70th birthday.

"It's going to be cowboy hats, horses and rock 'n' roll," a close friend of the couple reveals. "All their relatives are thrilled."

Goldie, who is mum to 36-year-old actress Kate Hudson, met Kurt on the set of 1984 film *Swing Shift*. Friends and co-stars say they're just as in love today as when they first met.

"The chemistry everyone witnessed between them then is still there," says a mate.

## Ben & Sienna and Jen's no

**H**e's the writer, director and lead character in new crime thriller *Live by Night*, and newly single Ben Affleck is ensuring he gets to act out all the best bits!

The *Gone Girl* actor, 43, was spotted sharing a passionate moment with co-star Sienna Miller during filming of the period drama in the US last week.

No doubt Ben's ex, actress Jennifer Garner, 43, was less than impressed. They split in June but their divorce hasn't yet been finalised.

Sienna, 33, has a history of hooking up with fellow actors. She dated Jude Law after starring alongside him in the 2004 film *Alfie*, and a few months ago rumours were rife she was dating her *Burnt* co-star Bradley Cooper.

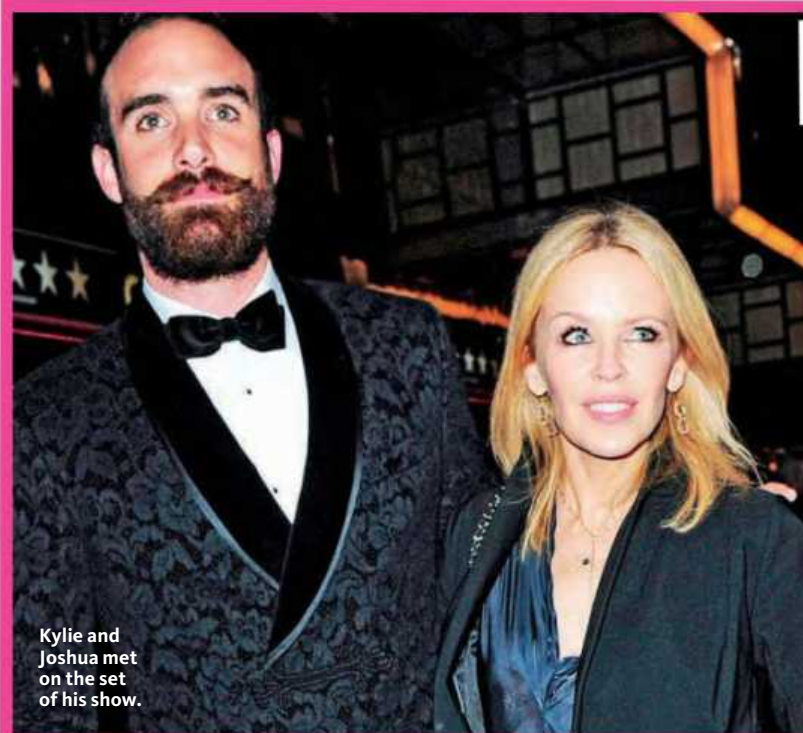
She separated from actor Tom Sturridge – the father of her three-year-old daughter Marlowe – earlier this year.

They certainly seem to have chemistry.



In September, a source told *OK!* magazine in the US that Ben is "really impressed" with stunning Sienna.

"Ben is thrilled to have his freedom," the insider said.



Kylie and Joshua met on the set of his show.



# get cosy, t happy!



Ben's  
leading  
lady!

## KYLIE'S BABY JOY!

It looks like Kylie Minogue may have become a mum overnight, following reports her new boyfriend Joshua Sasse has a two-year-old child with a former partner.

According to *Heat*, Joshua, 27, shares son Sebastian with his ex-girlfriend, UK-based Italian executive Francesca Cini.

It remains unclear whether Kylie has met little Sebastian, but it's thought she'll relish the chance to be a part of his life.

Kylie has spoken of her love of kids, including her desire to have a child of her own.

"I'm still hopeful to have a family," Kylie, 47, told *OK!* last



Joshua has a two-year-old, Sebastian.

year. "But being an older woman I'm realistic. You have to think about it, you can't say you will or you won't because ultimately it isn't up to you."

## JODI SLAMS SKINNY SHAMERS 'Back off bullies, I'm HEALTHY!'

Hitting back at online skinny shamers, who criticised her for being too thin in the photos she's posted on Instagram, Jodi Anasta set the record straight.

"Not skinny girls... Healthy!! Working out & eating right for your body type!! Luv it," she wrote matter-of-factly.

Many of her 150,000 followers commented, saying they thought she'd gone too far.

"I don't usually say things like this but pretty sure you looked

way healthier back in the day," one fan wrote.

But Jodi, 30, insists she's looking after herself.

"It's disappointing when you eat healthy and exercise but get criticised for it," Jodi told *Body & Soul*.

"It's awful because my family and my friends - who see me stuffing my face - read this and it upsets them as well."



Pictured last week, Jodi's petite frame has her fans concerned.



She looked curvier in 2006.



# Lleyton gives We'll be th Posh & Be

All eyes were firmly fixated on Bec and Lleyton Hewitt last

week when they stepped out for tennis's night of nights, the 2015 Newcombe Medal.

The couple, who have spent years trying to maintain a normal life for their three kids, were almost unrecognisable as they courted the cameras and playfully posed with selfie sticks, his arm firmly wrapped around her.

Friends say it was the first step in Bec's plan to transform herself and Lleyton into the Posh and Becks of Australia.

"Bec is sick of being seen as just another WAG and wants to make everyone sit up and take notice," says one friend. "She's taken charge and even Lleyton is dancing to her tune for once. **He knows Bec is his biggest asset if they want to build the Hewitt brand into something like the Beckhams have.**"

Former soap star Bec, 32, was pure elegance in a long black Alexander McQueen gown, with silver embroidered cuffs and a low-cut neckline.

Meanwhile, Lleyton, 34, wasn't letting the team down. The former tennis pro looked dapper in a classic Dom Bagnato tuxedo, and had no problem smiling for the cameras. "Having a great night with my gorgeous wife," Lleyton captioned a photo on Instagram.

**Bec's in the driver's seat**  
Onlookers couldn't believe it was the same couple who've shunned the limelight for years while Lleyton toured the tennis circuit.

"It's lovely to see them both out and about," one fan commented on social media. "Bec looked absolutely stunning. Looks like fun," another wrote.

Sources say Lleyton has pledged to do whatever it takes to save his marriage and has agreed to a style and brand overhaul in hopes of making them Australia's most-loved celebrity couple.

"Lleyton knows that Bec and

Celebrity  
power  
couple!

Meet the new  
BRAND HEWITT

Bec and Lleyton have joined Instagram to promote their newly crafted image.



HER INSTAGRAM



HIS INSTAGRAM





# in e new cks!



Watch out Victoria and David, the Hewitts are making a comeback!

the kids have been trailing after him on the tennis circuit for years and he knows it's now Bec's time to shine," reveals our insider.

The revelation comes a week after Bec was seen without her husband for the Sydney premiere of *In the Heart of the Sea*, where she hung out with her former *Home And Away* co-star-turned-A-lister Chris Hemsworth.

"It was like we had the old Bec back," said an actress friend at the time, with rumours abounding that Bec's TV comeback isn't too far off.

Keen to take back her crown as Australia's favourite celeb, a once fiercely private Bec has joined Instagram, giving fans a behind-the-scenes look into her private world for the first time. Even her closest friends were shocked by her recent social media debut.

"It's true, you are on," Bec's former publicist and bridesmaid Victoria Richards commented on Bec's first-ever post – an adorable photo of daughter Ava dressed in a Harry Potter costume.

## Busy mum to style queen

When it comes to reinventing yourself, Bec knows it's all about image. Stepping up her style game by getting a glossy new haircut and a designer wardrobe, **her image overhaul is estimated by experts to have cost more than \$300,000.**

"Bec has always been very confident in her fashion choices," stylist to the stars Jo Ferguson tells *Woman's Day*. "What people forget is that she's a mother of three and a wife. For the past few years her style has been based on

her family and commitment to Lleyton. She cares more about being a mother than looking good. It would've been difficult without the help from a fashion expert."

Jo, who worked closely with Bec for two years and styled her and Lleyton's 2005 wedding, says she's always been a fan of Aussie designers and hopes to see her back on the celebrity circuit.

"Bec's all about being polished

and classic rather than following trends," says Jo. "She and Lleyton really could become a celebrity power couple, especially now

that their children are older. Now may be the perfect time for Bec to shine in the fashion industry."

## Bec's style timeline

From fresh-faced starlet to relaxed mum, Mrs Hewitt is finally becoming a fashion force



2002



2003



2004



2006



2007



2014



2015

## Bec's glam squad

Keen for a new red-carpet look, Bec turned to trusted hairdresser Freda Rossidis – whose clients include models Kendall Jenner and Cara Delevingne – for her soft updo. Makeup artist Monica Gingold – used by Ruby Rose and Samantha Jade – pared back the fake tan and dramatic eye makeup of last year's Newcombe Medal look.



Makeup artist Monica Gingold.



Freda Rossidis (right) is Bec's hair expert.

**\$327,800 makeover**

Stylist ..... \$100,000

Hair & makeup ..... \$90,000

New wardrobe ... \$120,000

Tans ..... \$2000

Botox ..... \$8000

Personal trainer ..... \$7800

**Grand total \$327,800**



# Corey Worthington's My romantic Balinese wedding

Corey made global headlines as a rebellious teen in 2008.

The infamous party boy marries, but says 'those' sunnies are still close to his heart **writes PHILLIP KOCH**

It took Corey Worthington years to woo the woman he vowed he'd spend the rest of his life with in a romantic and intimate ceremony in Bali last week.

He still insists he has no regrets about becoming Australia's most infamous teenager, after throwing an out-of-control party when he was just 16 and his parents were away from their suburban home in southeast Melbourne.

## 'Ratbag' no more

But that party spirit did almost cost Corey the love of his life.

"He was a bit of a ratbag back then," admits his bride, Mel Borg, who met Corey seven years ago.

It was just a couple of months after the house party that made headlines around the world, after 500 people turned up and trashed his parents' home.

"I definitely wasn't interested in him when I first met him.

**"Back then he was really in his party days. I was at that stage when I was starting to grow up and put all of that party stuff behind me, and get away from those sorts of people."**

It was only when they met a few years later at a mutual friend's – who ironically was throwing a party while his parents were away – that the two fell in love. They've been together ever since, tying the knot last week.

"Mel looked so beautiful, she was gorgeous," says Corey, who admits he had to fight back tears when he saw his bride in all her finery for the first time.

"Yeah, I did fall in love with her all over again. It was awesome."

Mel even insisted that the wedding party should celebrate Corey's notoriety on their big day, buying yellow plastic sunglasses for the 25 guests who travelled to Bali for the nuptials.

"It was quite a funny tribute to the old days," laughs Corey, who became almost more famous for his sunglasses and faux-fur hoodie when he appeared on *A Current Affair*

and host Leila McKinnon told him to "take off your glasses and apologise" to the nation.

"No, I definitely don't have any regrets over the party," he says.

**"I've enjoyed every ride. My parents were hurt at the time, but if anything our relationship has grown stronger because of it."**

"They ended up getting a big pool put in where the party was.

I don't know if that was a hint to me that there would be no more parties..."

But this time round dad Steve was invited to be best man, and the party was much more restrained. Although Corey and Mel did opt to hire out the entire complex where they held the reception, to ensure no one would be upset by the celebration, which ended at 2am.

## Corey's soft side

"To share it with your family and friends, that's the most memorable thing for me," says Corey. "It was awesome, and I'd like to thank everyone for making the trip to Bali to share it with us."

While the groom choked back tears when he saw Mel in her wedding gown, she admits she happily gave in to her emotions,

**'Yeah, I did fall in love with Mel all over again. It was awesome'**

Marrying Mel brought tears and laughter for Corey, whose bride says "he's learned a lot".

Those sunnies had to come out, even for the pair's 12-week-old niece, flowergirl Mila.

Corey and Mel booked out the reception venue so their wedding wouldn't disturb other guests!



# latest big bash ic ding!

Only in  
WOMAN'S  
DAY



breaking down in tears of joy when she saw Corey in his bow tie, waiting to make a lifetime commitment to her.

"I was bawling," she says. "It was all a bit of a blur. I was a lot more emotional than I thought I would be. I was just so excited because it was such a big day."

**"I don't think I could love him more. He got a bit emotional, and it was nice to see that side of him."**

Corey, 24, and Mel, 28, snuck off after the wedding to spend the night in a lavish honeymoon suite, which Mel says was very romantic.

"It was stunning, there were rose petals in the jacuzzi."

From hoon  
to groom!





Mel's taking Corey's surname, but she's planning to have a tattoo of her maiden name behind her ear while they're in Bali.



For the full album, head to [womansday.com.au](http://womansday.com.au)

► Despite having to move their celebrations to another venue at the last minute, after discovering that the chapel they'd originally booked was located in the wrong area, Mel says their big day was the perfect start to the next stage of their lives.

### Children of his own!

"For now we just want to enjoy being newlyweds, but I think we will try for a baby next year," Mel reveals, adding, "I want us to be a family when we have kids, which is why I'm taking his name."

"I think Corey is going to be an awesome dad," she continues. **"He's learnt a lot of life lessons since that incident."**

**"A lot of people have parties when they are young – I know I did."** Corey's just went crazier than a lot of others."

As for Corey, he says while he'll never regret the notorious party that made him famous – even securing him a spot on *Big Brother* – he has changed, and is now a totally different person to the obnoxious teenager Australia met all those years ago.

"I've learnt a lot," he says.

"My life has been pretty crazy, all because of that party. And it's still going on seven years later!"

## Personal touches



His guests were better looked after this time!

Corey proposed two days before Valentine's Day in 2012, saying he "couldn't wait".



Corey's party planning skills are now going into an app he's developing.





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## Aussie mum's pregnancy shock

# 'I had no idea I was having FIVE babies!'

Only in  
**WOMAN'S  
DAY**

This mother was in disbelief when her scan showed five heartbeats

**K**im Tucci knows that even in Hollywood they couldn't have scripted her story better. "Just one more? I want to try for a boy," she pleaded with her husband Vaughn earlier this year, after looking over newborn pictures of their daughters, Aiva, now four, and Indiana, two.

**"We'd always wanted three kids. Vaughn was happy with any gender, but I really wanted a boy for him,"** says Kim, 26, who also has a nine-year-old son Kurt from a previous relationship.

A near-miss car crash was the first indication the mum's wish for a baby had been answered.

"I always crash my car when I'm pregnant," laughs Kim, who nearly hit a pedestrian this time. "So I went out and bought a pregnancy test!"

Despite feeling it was too early to be checking, the DIY tracker showed very clearly that baby number three was on its way.

"I was so happy - I thought I'd have fertility issues after some minor laser surgery," says Kim.

But her excitement turned to shock at her five-week scan.

"The ultrasound was on my stomach and the sonographer said, 'Hmm, you've got multiple gestational sacs in there - you might be having twins.'"



Kim laughed nervously when five heartbeats showed up in her five-week scan.

"I asked for a second opinion, so the doctor from the next room came in and said, 'Well, it's clearly visible to me that there are five in there.' Then he counted out loud, 'One... two... three... four... five.'"

### A real shock

Confused, Kim asked what was going on. "Congratulations, it's quintuplets!" the sonographer told her.

"I laughed nervously - I didn't know what else to do," says the

Perth resident. "It was a 'this-is-not-happening' laugh."

"Then my legs started shaking - they had to hold them still to finish the scan. I was thinking, 'People with quintuplets have their own reality shows!'"

A hurried phone call to Vaughn followed. "I was so worried about my wife," says the 32-year-old

carpenter.

"I double-parked at the clinic, and when Kim came out she just stared at me. All I could do was give her a big hug."

Remarkably, Kim's pregnancy came about totally naturally. **There were no fertility drugs and no IVF - making it a one-in-55-million chance!**

"Even now, I'm over four months pregnant and I'm only just starting to accept I'm having quins," admits Kim, revealing there was a sixth sac but doctors couldn't find a heartbeat.

There hasn't been a quintuplet birth in

"All I could do was give her a big hug," recalls Vaughn, who has twins on both sides of his family.

**'Even now I'm only just starting to accept I'm having quins!'**



The couple are expecting four girls and one boy.



Aiva and Indiana are excited for their new siblings to come along.

Australia since 2012, when an unidentified Melbourne mum delivered five babies, but lost one child soon after birth.

While her doctor suggested she consider “selectively reducing” the number of babies to give the others a better chance at survival, Kim and Vaughn fiercely refused.

“At my scans, I saw five wriggling bodies inside me and I thought, ‘They’re actually there – and they’re depending on me to get them to birth safely,’” recalls Kim.

**“It’s a huge responsibility and I have days where I’m very anxious. My biggest concern is delivering all of my babies alive.”**

“But there’s a lot to be positive about, too, and sometimes I put my hand on my tummy and think, ‘Actually, I’m doing a good job. The babies are active and the right size, and all is well.’”

### Eight is enough

The quietly spoken mum expects to be hospitalised shortly after Christmas, even though her little team isn’t due until April 12.

“We’re cramming everything into these last few weeks – Vaughn’s ‘man shower’ and my baby shower, which doubled as a gender reveal party,” says Kim.

Balloons were used to break the news to 30 family and friends,

who were anxiously waiting to find out the boy-girl breakdown.

“One by one, we popped five balloons,” Kim says, excitedly. “Pink or blue confetti would fall to the floor. We chose the order and after four pink confetti showers, everyone thought we were having five girls. They were saying, ‘Oh, my God.’”

“Then the whole room erupted when blue confetti fell out of the last balloon.”

Vaughn and Kim, who’ve been married almost five years, have chosen the names of all but one of their babies, and can’t wait to welcome Beatrix, Penelope, Ali and Keith into their family.

“I’m excited, but I also have so many fears,” says Kim, who was so big at 12 weeks, she stopped bending over.

“I’m scared of running out of breast milk, and spreading myself so thinly that I’m not good enough for any of my eight children. And what about transport? Do we get two seven-seater cars, or a bus?”

**The couple won’t know if any of their babies are identical until they’re born.**

“I don’t mind, I just want five healthy kids,” smiles Kim.





# The Perfect Aussie CHRISTMAS DESSERTS

ALDI's indulgent dessert selection brings joy to any Christmas table.

Short on after-dinner ideas to spoil your friends and family this Christmas? Thanks to ALDI's delicious selection of desserts, including our Specially Selected Flaked Belgian Truffles, The Cake Stall Brandy Snaps filled with fresh raspberry cream, Specially Selected Luxury Christmas Cake and our Specially Selected Shortcrust Pastry Mince Pies, Christmas has never looked sweeter. Let's eat!

**Shopping List:** 1. Specially Selected Milk Chocolate Flaked Belgian Truffles, 150g, \$3.99. 2. The Cake Stall Brandy Snaps, 8pk, 128g, \$3.99. 3. Specially Selected Luxury Christmas Cake, 800g, \$13.99. 4. Specially Selected Gourmet Dried Fruits Nougat, 150g, \$4.99. 5. Specially Selected Shortcrust Pastry Mince Pies, 6pk, 410g, \$4.99 (snowflake top). 6. The Cake Stall Luxury Fruit Mince Pies, 6pk, 410g, \$3.29 (bell top). 7. Specially Selected Mini Luxury Christmas Cake, 200g, \$3.79.

Milk Chocolate Flaked Belgian Truffles  
**\$3.99**

1

The Cake Stall Brandy Snaps  
**\$3.99**

2

3

Luxury Christmas Cake  
**\$13.99**

5

Shortcrust Pastry Mince Pies  
**\$4.99**

The Cake Stall Luxury Fruit Mince Pies  
**\$3.29**

6

Gourmet Dried Fruits Nougat  
**\$4.99**

4

Mini Luxury Christmas Cake  
**\$3.79**

7



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Woman's Day

# Christmas

## PART 2 *Outdoor*

For a truly Aussie take on Christmas, food director Jennene Plummer plates up a laid-back festive feast

Honey-rosemary lamb racks [p41](#)

Sea shell centrepiece [p55](#)



# 2015

Radicchio  
salad [p41](#)

Rope Christmas  
trees [p55](#)

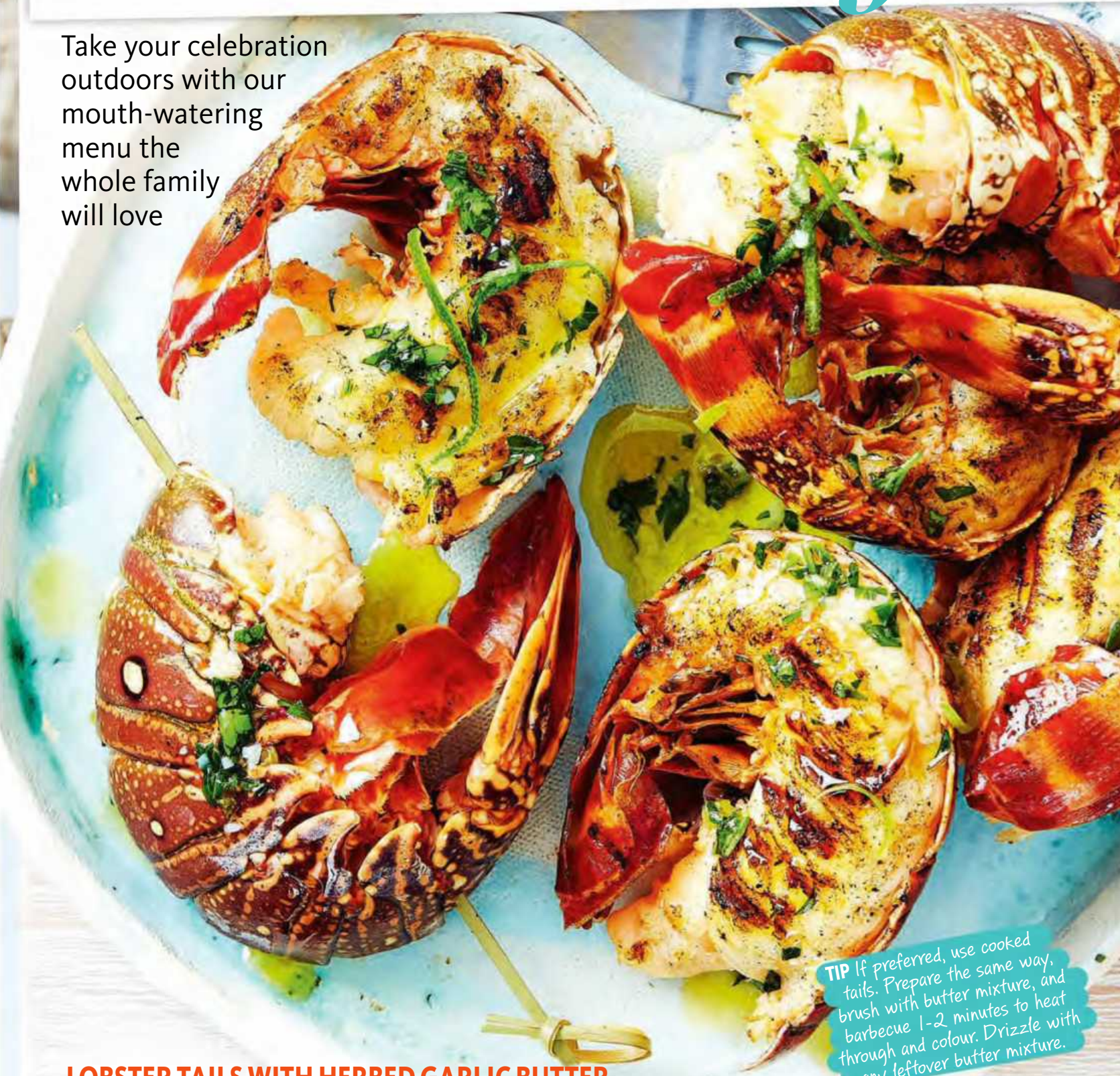
Glazed  
ham [p41](#)





# Christmas alfres

Take your celebration outdoors with our mouth-watering menu the whole family will love



## LOBSTER TAILS WITH HERBED GARLIC BUTTER

SERVES 8 PREP 5 MINS COOK 10 MINS PER SERVE 1714kJ COST \$\$\$\$

- ◆ 8 lobster tails
- ◆ 125g butter, melted
- ◆ 2 tbsp lime juice
- ◆ 2 garlic cloves, crushed
- ◆ 1 tsp finely grated lime zest

- ◆ baby rocket leaves, to serve

1 Preheat a barbecue grill or chargrill pan on high.

2 Slice tails in half lengthways.

Using the point of a knife, carefully remove centre veins.

3 In a small jug, whisk butter, lime juice, garlic and zest together.

4 Brush tails with butter mixture

**TIP** If preferred, use cooked tails. Prepare the same way, brush with butter mixture, and barbecue 1-2 minutes to heat through and colour. Drizzle with any leftover butter mixture.

and season to taste. Barbecue 3-5 minutes each side until golden and cooked through.

5 Serve lobster drizzled with remaining butter and rocket leaves.





**TIP** Use a vegetable peeler to shave zucchini into thin ribbons. Alternatively, slice thinly into strips.

## ZUCCHINI & BABA GANOUSH BRUSCHETTA

SERVES 8 PREP 15 MINS COOK 5 MINS  
PER SERVE 715kJ COST \$\$

- ♦ 2 zucchini, peeled into ribbons
- ♦ 2 tbsp extra-virgin olive oil, plus extra to drizzle
- ♦ finely grated zest 1 lemon, 1 tbsp juice
- ♦ 1 sourdough baguette, sliced into 2cm rounds
- ♦ 1 garlic clove, halved
- ♦ ½ cup sliced chargrilled capsicum
- ♦ baba ganoush, small watercress sprigs, to serve

- 1 In a bowl, toss zucchini in half oil, half zest and lemon juice. Set aside.
- 2 Preheat a chargrill pan or barbecue grill on high. Brush bread slices with remaining oil and rub with garlic. Chargrill bread 1 minute each side until light char marks appear.
- 3 Spread toast with baba ganoush. Top with zucchini, capsicum and remaining zest. Drizzle with extra oil and season. Serve scattered with watercress sprigs.

## STUFFED TURKEY BREAST

SERVES 8 PREP 30 MINS + RESTING COOK 1 HOUR PER SERVE 4631kJ COST \$\$\$\$

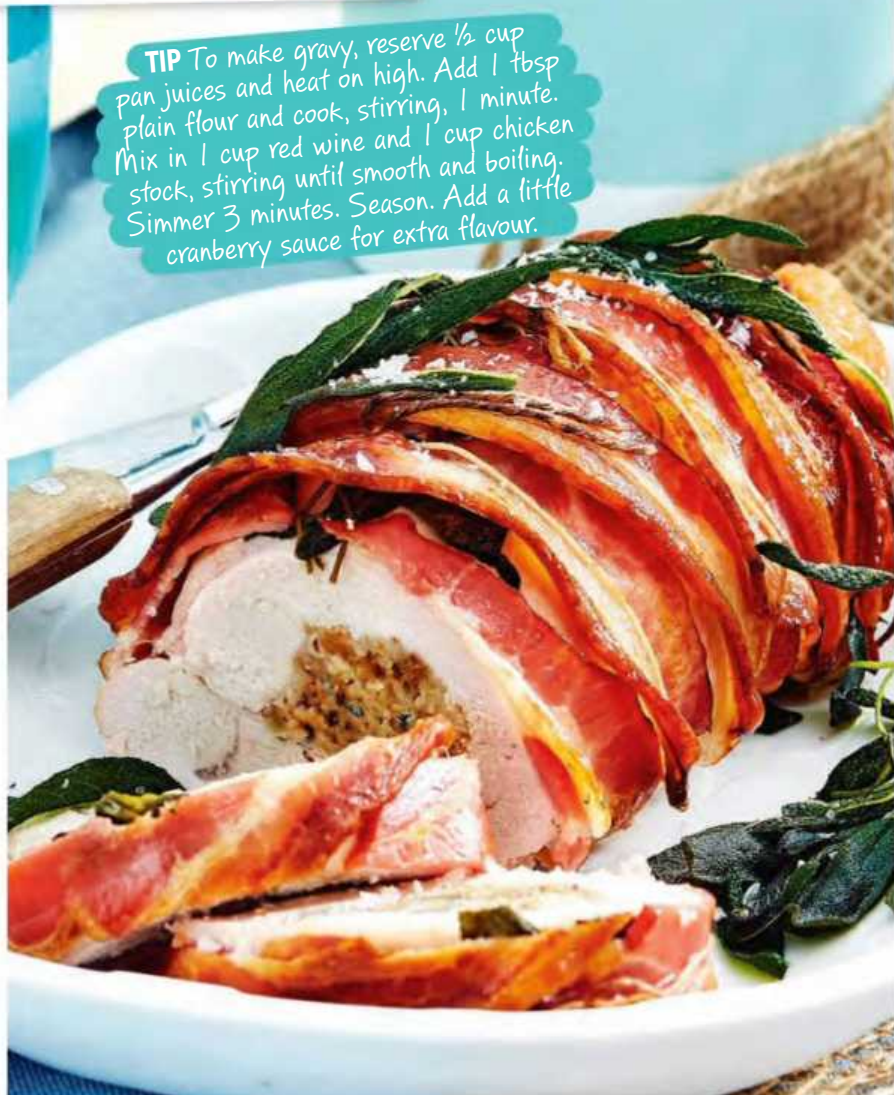
- ♦ ½ cup extra-virgin olive oil
- ♦ 30g butter, melted
- ♦ 2 garlic cloves, crushed
- ♦ finely grated zest 1 lemon
- ♦ 1 bunch sage, leaves picked
- ♦ 2 turkey breast fillets (1kg each), butterflied
- ♦ 12-14 thin slices streaky bacon
- ♦ cranberry sauce, gravy (see tip), to serve

### STUFFING

- ♦ 4 cups fresh breadcrumbs
- ♦ 300g blue cheese, crumbled
- ♦ 1 cup toasted walnuts, roughly chopped
- ♦ 4 green onions, finely chopped
- ♦ 2 eggs, lightly whisked

- 1 Preheat oven to moderate, 180°C (or use a covered barbecue).
- 2 In a bowl, combine half oil, butter, garlic and zest. Rub over turkey breasts. Season.
- 3 **STUFFING** Combine all ingredients. Season.
- 4 Open out breasts and press stuffing over. Roll up each breast, securing with toothpicks. Place a few sage leaves over breasts. Wrap with bacon, overlapping slightly, to cover. Secure with kitchen string at 2cm intervals.
- 5 Place breasts a roasting dish. Bake 1 hour. Rest, loosely covered with foil, 10 minutes.
- 6 Carve breasts into slices to serve. Accompany with cranberry sauce and gravy.

**TIP** To make gravy, reserve ½ cup pan juices and heat on high. Add 1 tbsp plain flour and cook, stirring, 1 minute. Mix in 1 cup red wine and 1 cup chicken stock, stirring until smooth and boiling. Simmer 3 minutes. Season. Add a little cranberry sauce for extra flavour.







**TIP** To make coleslaw, combine  $\frac{1}{2}$  red cabbage, finely shredded,  $\frac{1}{4}$  Chinese cabbage, finely shredded, 1 small carrot, cut into matchsticks, 1 seeded red capsicum, thinly sliced, 4 green onions, thinly sliced,  $\frac{1}{3}$  cup flaked almonds, toasted, and  $\frac{1}{4}$  cup mint leaves. To make dressing, whisk  $\frac{1}{2}$  cup mayonnaise,  $\frac{1}{4}$  cup light sour cream and 1 tbsp rice-wine vinegar together. Drizzle dressing over and toss well.



## GLAZED HAM

SERVES 16 PREP 15 MINS  
COOK 40 MINS PER SERVE  
742kj COST \$\$\$

- ◆ ½ leg ham, shank end, skin on
- ◆ ¾ cup orange marmalade (or apricot jam)
- ◆ ¼ cup whisky
- ◆ juice 1 orange
- ◆ 2 tbsp seeded mustard
- ◆ 2 tbsp brown sugar
- ◆ 1 cinnamon stick
- ◆ coleslaw, to serve (see tip)

- 1 Preheat oven to moderate, 180°C (or a covered barbecue).
- 2 Remove rind from ham, leaving shank covered. Score fat at 2cm intervals to form a diamond pattern. Place ham in a large, deep roasting dish.
- 3 In a small saucepan, combine marmalade, whisky, orange juice, mustard, sugar and cinnamon. Stir on medium until sugar dissolves. Bring to boil and remove from heat.
- 4 Brush marmalade glaze generously over ham. Bake 30-40 minutes, basting with glaze every 10 minutes.
- 5 Serve ham warm in slices or cool to room temperature. Accompany with coleslaw and mustards or relish of choice.

**TIP** To make salad, toss 1 torn radicchio and 1 butter lettuce with a small jar drained marinated artichokes, crumbled goat's cheese and 1 tbsp each olive oil, honey and lemon juice, and 1 tsp seeded mustard.

## HONEY-ROSEMARY LAMB RACKS

SERVES 8 PREP 15 MINS + RESTING COOK 30 MINS  
PER SERVE 1777kj COST \$\$\$

- ◆ 3 x 8 racks lamb, Frenched
- ◆ ½ cup honey
- ◆ 1 tbsp Dijon mustard
- ◆ 1 tbsp mint jelly, plus extra to serve
- ◆ 2 tsp olive oil
- ◆ 2 sprigs rosemary, leaves removed, plus extra to serve
- ◆ radicchio salad, to serve (see tip)

- 2 Place lamb in a roasting dish.
- 3 In a bowl, combine honey, mustard, mint jelly and oil. Brush over lamb. Scatter with rosemary leaves.
- 4 Roast lamb 25-30 minutes until cooked to taste.
- 5 Remove lamb from dish. Rest, loosely covered with foil, 10 minutes.
- 6 Cut racks into three-point servings. Serve lamb sprinkled with extra rosemary leaves. Accompany with mint jelly and radicchio salad.

- 1 Preheat oven to moderate, 180°C (or a covered barbecue).



## HERBED KIPFLER POTATO SALAD

SERVES 8 PREP 10 MINS COOK 10 MINS  
PER SERVE 950kJ COST \$\$

- ◆ ½ cup olive oil
- ◆ 1 garlic clove, crushed
- ◆ 1 kg kipfler potatoes, scrubbed, parboiled (see tip), sliced
- ◆ ½ cup roughly chopped parsley, plus micro parsley to serve
- ◆ ¼ cup roughly chopped mint

### BUTTERMILK DRESSING

- ◆ ½ cup buttermilk
- ◆ ½ cup mayonnaise
- ◆ 1 tbsp lemon juice
- ◆ few drops Tabasco

**1** Preheat a barbecue grill or chargrill pan on high.  
**2** In a jug, combine half oil and garlic. Season. Brush potatoes with oil mixture. Barbecue 4-5 minutes each side until golden and cooked through.

**3 BUTTERMILK DRESSING** In a jug, whisk all ingredients together. Season to taste.

**4** In a large bowl, combine herbs and remaining oil. Toss warm potatoes through. Drizzle with dressing. Serve topped with micro parsley.

**TIP** Parboil potatoes in a saucepan of boiling, salted water 10 minutes until tender.



**TIP** You can prepare pastry the day before and store in an airtight container.

## TROPICAL FRUIT MILLE FEUILLE

SERVES 8 PREP 20 MINS  
COOK 20 MINS PER SERVE 1253kJ  
COST \$\$\$

- ◆ 2 sheets frozen puff pastry, each cut into 8 rectangles
- ◆ 300ml tub thickened cream
- ◆ 2 tbsp icing sugar
- ◆ 1 tbsp Cointreau (optional)
- ◆ sliced mango, strawberries, passionfruit pulp, to serve

**1** Preheat oven to hot, 200°C. Line two oven trays with baking paper.

**2** Place half pastry rectangles on one tray and top with other tray to keep pastry flat. Bake 15-20 minutes until golden. Transfer to a wire rack to cool completely. Repeat with remaining pastry.

**3** In a bowl, using an electric mixer, beat cream, sugar and Cointreau together until soft peaks form.

**4** Place half pastry rectangles on a serving platter. Top with half cream and fruit. Top with remaining pastry, cream and fruit. If liked, serve dusted with icing sugar.





## FRUIT CAKE PARFAITS

MAKES 8 PREP 15 MINS PER PARFAIT 2317kJ

COST \$\$

- ◆ 8 x 10cm rounds fruit cake
- ◆ 300ml tub thickened cream
- ◆ 2 cups thick vanilla custard
- ◆ torn figs, raspberries, mini meringues, to serve

- 1 Press fruit cake rounds into eight serving glasses.
- 2 In a small bowl, using an electric mixer, beat cream until soft peaks form. Fold custard through.
- 3 Dollop custard over cakes. Top with figs, raspberries and mini meringues. Serve straight away.



**TIP** You can have all elements for this dessert prepared, then assemble when required.





**TIP** Dissolve gelatine by whisking the powder vigorously into the just boiled water with a fork to avoid lumps. Cool to the same temperature as the rest of the ingredients before beating in.

# Make-ahead DESSERTS

Be prepared for those last-minute dinner guests this Christmas, and get the desserts done ahead of time!

## CHEESECAKE WITH POACHED PEACHES

SERVES 12 PREP 30 MINS + CHILLING COOK 15 MINS PER SERVE 2660kJ COST \$\$\$

- ◆ 250g packet ginger nut biscuits, broken
- ◆ 90g butter, melted
- ◆ 3 x 250g packets cream cheese, softened, chopped
- ◆ 1 cup caster sugar
- ◆ grated zest, juice 1 orange
- ◆ 1 tbsp gelatine powder, dissolved in ¼ cup boiling water (see tip)
- ◆ 600ml tub thickened cream, whipped

### POACHED PEACHES

- ◆ 1 litre cold water
- ◆ ¾ cup caster sugar
- ◆ juice 2 oranges
- ◆ 1 cinnamon stick
- ◆ 2 star anise
- ◆ 4 ripe peaches, halved, stones removed

1 Lightly grease and base line 20cm springform pan with baking paper.

2 In a food processor, pulse biscuits to fine crumbs. Add butter and

process to combine. Press firmly into base of pan. Chill.

3 In a large bowl, using an electric mixer, beat cream cheese and sugar together until smooth. Gradually beat in orange zest, juice and gelatine mixture, beating well. Fold cream through. Pour into pan. Chill at least 4 hours or overnight.

### 4 POACHED PEACHES

Meanwhile, in a large saucepan,

combine water, sugar, orange juice and spices. Bring to boil on high. Reduce heat to low. Add peaches and simmer 8-10 minutes, until tender. Using a slotted spoon, remove peaches to a plate to cool. Cut into wedges. Increase heat to high, boil syrup 5-6 minutes until reduced by half.

5 To serve, top cheesecake with poached peaches and drizzle the spiced sugar syrup over.



# CHOCOLATE MARQUISE

SERVES 12 PREP 45 MINS + CHILLING COOK 35 MINS PER SERVE 2559kJ COST \$\$\$

- ◆ 583g devil's food cake mix
- ◆ 3 eggs
- ◆ ½ cup vegetable oil
- ◆ 200g dark chocolate
- ◆ 100g milk chocolate
- ◆ 150g butter, softened
- ◆ ½ cup caster sugar
- ◆ ½ cup cocoa powder, plus extra, to serve
- ◆ 4 egg yolks
- ◆ 300ml tub thickened cream, whipped
- ◆ mixed berries, to serve

- 1 Preheat oven to moderate, 180°C. Grease and line a 7 x 32cm bar pan.
- 2 Prepare cake following packet instructions, using eggs and oil. Pour into pan. Bake 30-35 minutes, until cooked when tested. Cool in pan

5 minutes, before turning onto a wire rack to cool completely.

3 Trim top of cake to level. Cut into four horizontal layers.

4 Line same clean pan with two layers plastic wrap, allowing it to overhang on all sides.

5 In a heatproof bowl, melt both chocolates. Microwave on high (100%) power in 30-second bursts, stirring. Cool 5 minutes.

6 Beat butter, half sugar and cocoa together. In a separate bowl, whisk yolks and remaining sugar until fluffy. Fold chocolate and yolk mixture through butter mixture. Fold cream through in batches.

7 Place one cake layer in base of pan. Spread with one-third mousse mixture, using a palette knife to smooth. Repeat layers, finishing with cake. Cover and chill 5 hours or overnight.

8 To serve, turn cake onto plate, peel away plastic wrap and use a hot dry palette knife to smooth sides. Dust with cocoa, top with berries and slice.

**TIP** For best results, make sure your cream is well chilled before whipping.

Woman's Day PROMOTION

## TOP TIPS FOR BERRIES

*Berries are great value and delicious at this time of year.*



Store raspberries on a paper towel-lined plate in the fridge, while other berries can be stored in their punnets. Use within a few days at room temperature.

For a fast Eton Mess-style dessert the family will love, fold crushed meringue and mixed berries through whipped cream.

Woolworths   
The fresh food people



# FAMOUS CHRISTMAS DISHES

*start with fresh ingredients from Woolworths*



## FRENCH ACCENT

Woolworths Select Butter Croissants are a delicious choice this festive season. Top with ham and cheese for breakfast, or serve with sliced strawberries, ricotta and drizzled with honey.

You can make your own chocolate shavings with a vegetable peeler.



## BLUE BEAUTIES

Blueberries are sweet and juicy, and perfect for breakfast, dessert or just a snack! Select fruit with a white dusty coating. Store in the fridge for 5-7 days and rinse just before eating.

### Gravy train

*For a quick gravy, reserve ¼ cup pan juices and heat on high. Stir in 1 tbsp plain flour and cook for 1 minute. Add 1 cup each red wine and chicken stock, simmer, stirring, for 3 minutes.*

**Woolworths**   
The fresh food people

Christmas 2015



**TIPS** Use leftover egg whites to make a Christmas pavlova. You'll need 2 x 180g bars good-quality white chocolate for this recipe.

## FROZEN WHITE CHOCOLATE PARFAIT

SERVES 12 PREP 20 MINS + FREEZING COOK 5 MINS PER SERVE 1741kJ COST \$\$\$

- ◆ ¾ cup caster sugar
- ◆ ½ cup water
- ◆ 900ml thickened cream
- ◆ 10 egg yolks (see tip)
- ◆ 360g quality white chocolate, melted, cooled (see tip)
- ◆ sliced pineapple and mango, raspberries, passionfruit pulp, small mint leaves, to serve

- 1 Line a 13 x 23cm, 7cm-deep (7-cup) loaf pan with plastic wrap, allowing it to overhang.
- 2 In a saucepan, stir sugar and water on medium heat until sugar dissolves. Bring to boil. Set aside.
- 3 Using an electric mixer, beat cream until soft peaks form.
- 4 In a clean bowl, using an electric mixer, beat yolks until

- creamy. Add sugar syrup, beating 4-5 minutes until thick. Beat a further 1 minute.
- 5 Working quickly, beat melted chocolate into egg mixture. Gradually fold cream through.
  - 6 Pour into pan. Cover tightly with plastic wrap and freeze overnight until set.
  - 7 Unmould parfait. Serve sliced, with fruit and small mint leaves.



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THE WEEKEND FOR  
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**HEALTH &  
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*weekend*



**THOSE WHO PUT  
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INTO THE DRAW  
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PAMPER PACK!**

## WELLNESS WARRIORS

We came, we saw, we stretched. Thanks to diamond sponsor Holden, we let life in through working out.

The recent Health & Wellbeing Weekend saw us channel the high energy of Holden's Cascada – a sleek, soft-top convertible with some serious get-up-and-go. On Day One, during a fast and upbeat Xtend Barre session, we worked muscles that we didn't even know we had. And Day Two? A refreshing mid-morning yoga class with Sydney-based hatha and vinyasa instructor Sophie Palmer.





Enjoy the little  
things  
every day



Start with our *new* English Breakfast range

**TWININGS**  
OF LONDON

Enjoy Every Day



## KUMARA, CORN & SPINACH SALAD



20 mins

1158kJ  
PER SERVE

## LETTUCE WEDGES WITH TOMATO & PROSCIUTTO

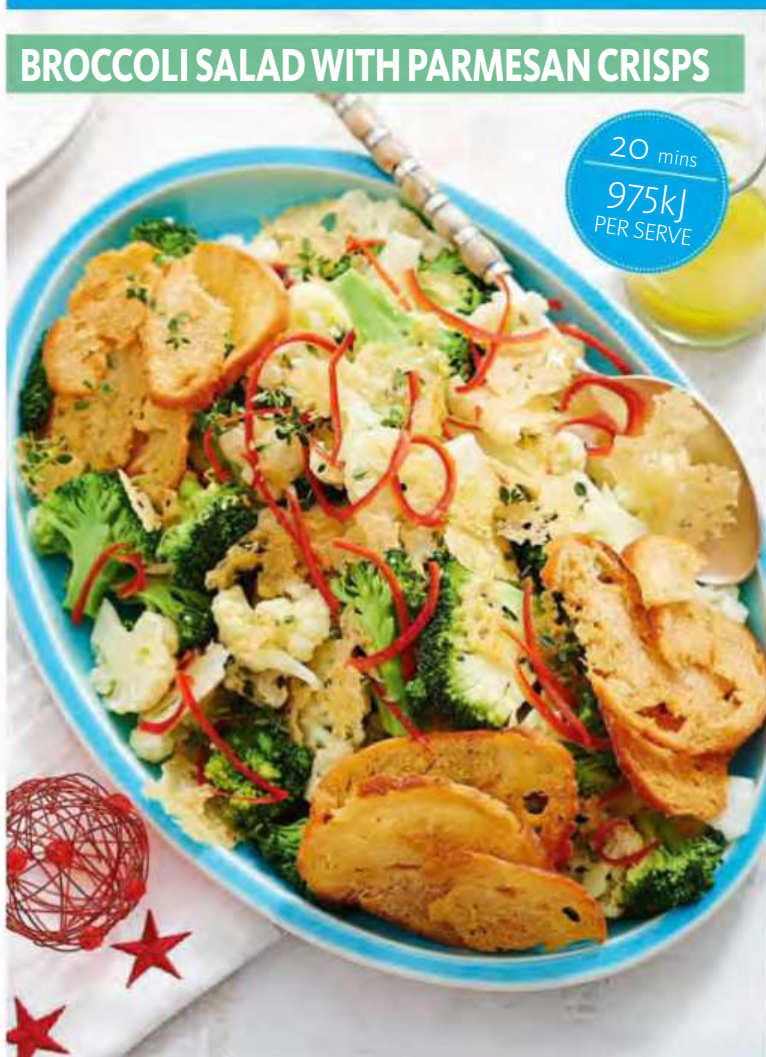


10 mins

462kJ  
PER SERVE

# Fresh festive salads

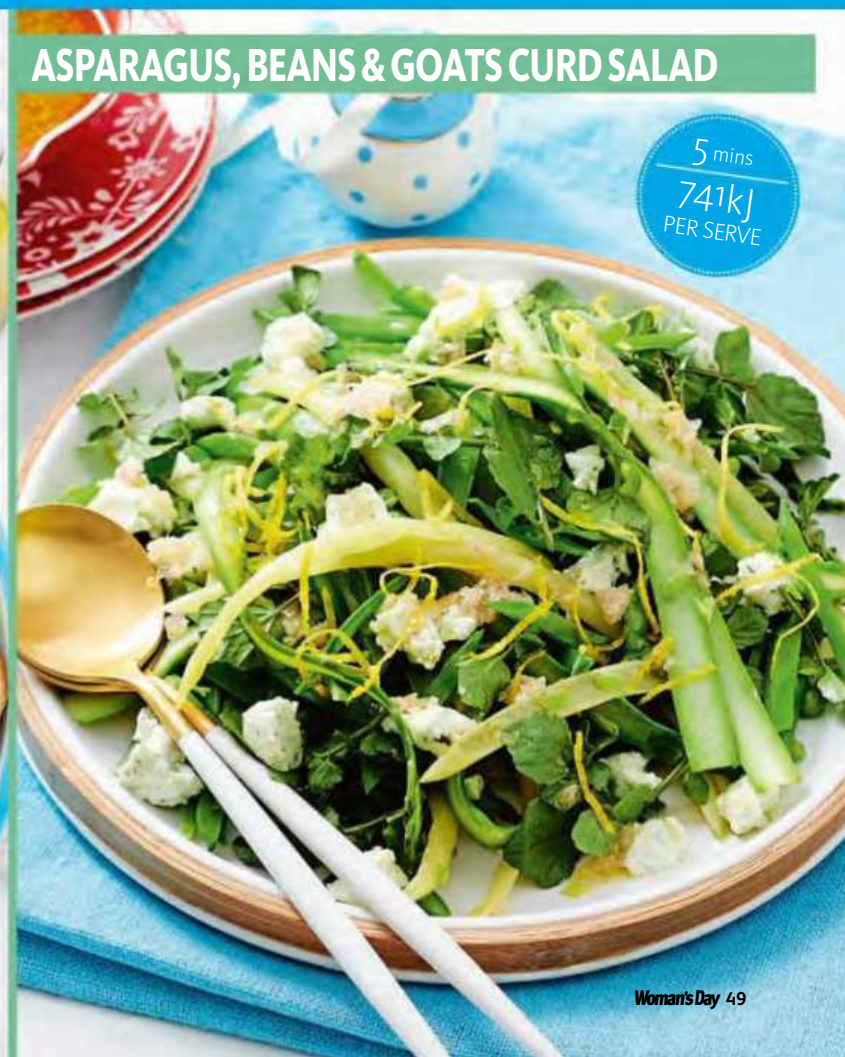
## BROCCOLI SALAD WITH PARMESAN CRISPS



20 mins

975kJ  
PER SERVE

## ASPARAGUS, BEANS & GOATS CURD SALAD



5 mins

741kJ  
PER SERVE



## LETTUCE WEDGES WITH TOMATO & PROSCIUTTO

SERVES 6 PREP 5 MINS  
COOK 10 MINS COST \$\$



- ◆ 125g thinly sliced prosciutto
- ◆ 500g cherry truss tomatoes
- ◆ 1 tbsp olive oil
- ◆ 3 baby cos lettuce, halved

### DRESSING

- ◆ ½ cup buttermilk
- ◆ ¼ cup lemon juice
- ◆ 1 tbsp Dijon mustard

- 1 Preheat grill on high. Place prosciutto on a lined oven tray in a single layer.
- 2 Grill prosciutto 3-4 minutes.

Turn and grill a further 2-3 minutes until golden and crisp. Set aside to cool, then crumble.

3 Preheat oven to moderate, 180°C. Place tomatoes on an oven tray and drizzle with oil. Roast 5-10 minutes until beginning to soften.

4 **DRESSING** In a jug, whisk all ingredients together. Season.

5 When ready to serve, drizzle dressing over lettuce, scatter with crumbled prosciutto and accompany with tomatoes.

**TIPS** Bacon can be used in place of prosciutto. Scatter some chopped soft-boiled egg over lettuce with the prosciutto.

## KUMARA, CORN & SPINACH SALAD

SERVES 6 PREP 15 MINS  
COOK 20 MINS COST \$\$



- ◆ ½ cup olive oil
- ◆ 2 tsp ground cumin
- ◆ 1 tsp ground coriander
- ◆ 1 tsp smoked paprika
- ◆ ¼ tsp cayenne pepper
- ◆ 3 kumara, scrubbed, sliced into rounds
- ◆ 3 corn cobs, husks, silk removed
- ◆ 1 cup baby spinach
- ◆ small coriander leaves, to serve

### DRESSING

- ◆ ½ cup chipotle aioli
- ◆ 2 tbsp lemon juice

- 1 Preheat oven to hot, 200°C. Line two oven trays with baking paper.
- 2 In a jug, whisk ¼ cup oil, cumin, coriander, paprika and cayenne

pepper together. Season to taste.

3 In a bowl, toss kumara with oil mixture until coated. Arrange on trays in a single layer. Roast 15-20 minutes until golden and tender. Cool. Transfer to a large bowl.

4 Meanwhile, preheat a chargrill pan on high. Brush remaining oil over corn. Chargrill 6-8 minutes, turning, until lightly charred.

5 Run a large knife down corn, removing kernels in clumps. Add corn and spinach to kumara. Gently toss until combined. Transfer to a large platter.

6 **DRESSING** In a jug, whisk aioli with lemon juice and season.

7 When ready to serve, drizzle dressing over salad and scatter with coriander leaves.

**TIP** Prepare salads ahead and store, covered, separately from dressing, in the fridge.

## ASPARAGUS, BEANS & GOAT'S CURD SALAD

SERVES 6 PREP 15 MINS  
COOK 5 MINS COST \$\$\$



- ◆ 200g butter beans, trimmed, halved lengthways
- ◆ 200g green beans, trimmed, halved lengthways
- ◆ 150g snow peas, trimmed, thinly sliced
- ◆ 2 bunches asparagus, trimmed, shaved
- ◆ 1 cup watercress leaves
- ◆ 100g goat's cheese with fresh dill, crumbled
- ◆ zested lemon rind, to serve

### DRESSING

- ◆ ¼ cup extra-virgin olive oil
- ◆ 1 eschalot, finely diced

- ◆ 2 tbsp rice-wine vinegar
- ◆ 2 tsp caster sugar

1 In a large saucepan of boiling, salted water, blanch beans 1 minute, adding snow peas and asparagus for final 30 seconds. Drain. Refresh in cold water. Drain.

2 **DRESSING** In a jug, whisk all ingredients together. Season.

3 In a bowl, add watercress and dressing to vegetables and toss to combine. Transfer to a serving platter. Sprinkle goat's cheese and lemon zest over to serve.

**TIPS** Add some toasted chopped walnuts or pecans to this salad for a bit of crunch. Creamy blue cheese can be substituted for the goat's cheese.

## BROCCOLI SALAD WITH PARMESAN CRISPS

SERVES 6 PREP 15 MINS  
COOK 20 MINS COST \$\$\$



- ◆ 1 cup finely grated parmesan
  - ◆ 8 thin slices garlic sourdough
  - ◆ 1 cauliflower, cut into florets
  - ◆ 2 broccoli, cut into florets
  - ◆ 2 long red chillies, seeded, chopped, plus extra, sliced, to serve
  - ◆ 2 tbsp lemon thyme leaves
- ### DRESSING
- ◆ ¼ cup extra-virgin olive oil
  - ◆ 2 tbsp white-wine vinegar
  - ◆ 2 tsp caster sugar
  - ◆ 2 tsp Dijon mustard

- 1 Preheat oven to moderate, 180°C. Line two oven trays with baking paper.
- 2 Sprinkle parmesan on one tray

in a thin layer. Bake 4-5 minutes until melted and crisp. Cool (see tip).

3 Arrange bread in a single layer on remaining tray. Spray with oil. Bake 10-15 minutes, turning once, until golden. Cool.

4 In a saucepan of boiling water, blanch cauliflower 2 minutes, adding broccoli for final 1 minute. Drain. Refresh in cold water. Drain and transfer to a large bowl with chilli and thyme. Season and toss.

5 **DRESSING** In a jug, whisk all ingredients together.

6 Drizzle dressing over salad to serve and top with parmesan crisps, croutons and extra chilli.

**TIP** It's important to allow the parmesan crisps to cool before breaking into serving-sized pieces.



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# Time for a TREAT

The kids will love making and sharing these yummy holiday sweets

## DIPPED PADDLE-POPS

MAKES 12 PREP 15 MINS + FREEZING COST \$\$\$\$

- 1 Line two oven trays with baking paper. Dip 4 frozen strawberry yoghurt pops into 1½ cups melted white chocolate melts. Sprinkle with ½ cup frozen raspberries. Transfer to tray. Freeze until ready to serve.
- 2 Dip 4 frozen banana Paddle Pops in 1½ cups melted milk chocolate melts and sprinkle with ½ cup shredded toasted coconut. Transfer to tray. Freeze until ready to serve.
- 3 Dip 4 frozen chocolate Paddle Pops into 1½ cups melted dark chocolate melts. Sprinkle with ¾ cup multi-coloured popcorn. Transfer to tray. Freeze until ready to serve.

## CHOCOLATE CRACKLE ROCKY ROAD

SERVES 10 PREP 10 MINS + CHILLING COST \$\$\$\$

- 1 Lightly grease and line an oven tray with baking paper. In a large bowl, combine 375g packet melted milk chocolate melts, ½ cup Coco Pops, 1 cup jubes, 1 cup marshmallows, ½ cup toasted mixed nuts (optional) and ¼ cup toasted desiccated coconut. Spoon chocolate mix onto tray in large clusters.
- 2 Chill 1 hour until set.

## MINI DOUGHNUT WREATH POP

MAKES 8 PREP 15 MINS COST \$\$\$\$

- 1 Line an oven tray with baking paper. In a medium bowl, combine 1 cup sifted icing sugar and 1 tsp water. Stir until smooth.
- 2 Dip 8 cake pop sticks into icing and insert into base of 8 mini doughnuts. Transfer chopped red and green m&m's. Set aside 30 minutes until set.

## SPARKLY CHRISTMAS STARS

MAKES 10 PREP 30 MINS + CHILLING COOK 30 MINS COST \$\$\$

- 1 Beat 250g butter, ½ cup caster sugar and 1 tsp vanilla until creamy. Stir in sifted combined 2 cups flour and ¼ cup rice flour to form firm dough.
- 2 Knead gently until smooth. Wrap in plastic wrap. Chill 30 minutes.
- 3 Preheat oven to slow, 150°C. Roll half dough between two sheets baking paper until ½ cm thick.
- 4 Cut into 5cm stars. Arrange on a lined oven tray. Repeat. Bake 25-30 minutes. Cool 5 minutes. Transfer to a wire rack.
- 5 Prepare 330g packet royal icing following packet instructions. Pipe onto biscuits and decorate with white sprinkles, small silver cachous and decorating sugar of choice.



Christmas 2015

Get  
crafty  
for...

# A COASTAL CHRISTMAS

Bring the beach to your  
festive table with our clever  
coastal craft projects





## Message in a bottle



### MATERIALS

- ◆ empty cans, lids removed
- ◆ acrylic paint and brush
- ◆ PVA glue
- ◆ hessian or ribbon, piping
- ◆ miniature glass jars
- ◆ flaked salt
- ◆ pen and paper
- ◆ scissors

### ASSEMBLY

- 1 Remove labels from cans and paint outside in colour of choice.
- 2 Attach ribbon and secure with glue, then wrap piping around several times and knot

at front. Tie a small glass jar at base of knot with double knot.  
**3** Add some salt to each jar and write guest's name on a small piece of paper. Roll up with name facing outwards and insert in bottle. Add stopper.  
**4** Add a glass, sprig or plant, serviette and cutlery to make a gorgeous place setting!

## Christmas rope trees



### MATERIALS

- ◆ styrofoam cone
- ◆ cotton piping or sash cord
- ◆ PVA glue
- ◆ ribbon
- ◆ pins
- ◆ starfish ornament
- ◆ scissors

### ASSEMBLY

- 1 Pin cotton piping rope onto styrofoam cone at base to secure in place.
- 2 Paint cone with PVA glue and wrap cotton piping around the cone, starting at the base

and moving upwards. Push it down as you go to get rid of any gaps.  
**3** Glue ribbon of choice onto the base and pin down the end until the glue is dry.  
**4** Glue starfish ornament onto the top of the tree and allow to dry. These rope trees will fit right in with a beachside theme!

## Sea shell centrepiece



### MATERIALS

- ◆ small wooden stands
- ◆ wooden bases or plates
- ◆ hot glue gun or PVA glue
- ◆ shells
- ◆ cloche with rope handle

### ASSEMBLY

- 1 Using a hot glue gun, stick shells to stands. We used name place stands and removed the tag. You could also use a meat thermometer or a bill spike.

- 2 Alternatively, simply balance the shells on tops of stands.
- 3 Arrange the shells and stands on wooden bases or plates.
- 4 Cover display with glass cloche with rope accent.



# WOMAN'S DAY TOP OF YOUR

The latest and greatest products out right now.  
Put these must-have items at the top of your list!

# list

## WAXING AT HOME

Veet Spawax is your new professional quality wax-warming kit that maintains the ideal temperature for salon-perfect smoothness at home. Try it now! Available at all leading supermarkets and pharmacies. Veet Spawax Stripless Wax Warming Kit, RRP \$59.99; Veet Spawax Stripless Wax refills, RRP \$14.99. See [veet.com.au](http://veet.com.au)



## REDUCE DAMAGE AND FLAKES

With 9x more moisturisers\*, head & shoulders Damage Rescue reduces hair breakage to rescue hair from damage, dullness and scalp dryness; leaving hair beautiful and up to 100 per cent flake-free\*\*. head & shoulders Damage Rescue Shampoo 350ml, RRP \$12.49. Available at all major supermarkets, pharmacies and grocery stores. See [facebook.com/headandshouldersANZ](https://facebook.com/headandshouldersANZ)

\* vs non-conditioning shampoo

\*\* Visible flakes only; with regular use



## GREAT NIGHT

Give the gift of sweet dreams this Christmas with Peter Alexander. Peter's creations feature playful prints in luxurious fabrics with lace and satin trims. There is no better place to find an indulgent gift for them (or yourself).



## POPPABLE CHOCS

Tim Tam Chocolicious are poppable bite-size pieces combining delicious Tim Tam layers of crispy biscuit and a generous layer of cream, wrapped up in almost double the Tim Tam chocolate you love. The delicious fix that's not too rich or too filling!



## PLANNING TO FALL PREGNANT?

Elevit is a once-daily multivitamin and mineral supplement specially formulated to provide essential nutrients to help support you and the healthy development of your baby. If you're thinking about trying to fall pregnant, try Elevit.

Always read the label. Use only as directed.  
CHC 70006-07/14



## REVITALISE YOUR HAIR

My Organics Restructuring Shampoo can give your hair the vitamins it's lacking. Made with essential oils and extracts of silk, it also contains chamomile that effectively moisturises and softens. The hair is revitalised day-by-day, gaining lustre and a smooth effect. 250ml, \$14.99. Visit [chemistwarehouse.com.au](http://chemistwarehouse.com.au)



## GRAVY-LICIOUS

The new My Dog Fillets In Gravy range are carefully prepared using tender meat slices cooked in a delicious gravy. Made from premium quality meat, your dog will love every meal.



## PRECIOUS MEMORIES

Same-day in-store Kodak 6x4" prints. Quality prints that last a lifetime, at 10c each. For details, visit [officeworks.com.au](http://officeworks.com.au)





# Kitchen HQ

All the latest tips, tricks and trends for foodies

## CULT CLASSIC

Try Matt Preston's old-school side at your next barbecue

### VINTAGE POTATO SALAD

**1** In a large saucepan of boiling, salted water, cook 1kg waxy, peeled and quartered potatoes 8-10 minutes until tender. Drain briefly, then throw back into the warm, dry pan to steam dry and cool for 15 minutes.

**2** Mix 125g whole-egg mayonnaise with 125g sour cream and 2 tbsp apple cider vinegar to make a dressing. Season with salt and pepper.

**3** Tip potatoes into a large mixing bowl and toss gently with 2 finely sliced spring onions and 4 finely chopped gherkins, 2 tbsp chopped flat-leaf parsley and ¼ bunch dill. Pour the dressing over the potatoes while they're

still a little warm so they soak up some of the flavours.

**4** Scatter 2 chopped gherkins, 2 sliced spring onions and some dill on top as a garnish. Take to the table and toss just before serving.



Edited extract from **The Simple Secrets to Cooking Everything Better** by Matt Preston (\$39.99, Pan Macmillan)



3  
OF THE BEST

### Festive bubbles

McWilliam's  
Appellation  
Tumbarumba Pinot  
Noir Chardonnay  
\$24.99



Veuve  
Monsigny  
Champagne  
Brut Rosé  
\$24.99 at  
Aldi



A by Arras  
Premium  
Cuvée \$25



BTW

Next time you slightly overcook biscuits, use a grater to buff away any scorched bits. Too easy!

### DID YOU KNOW?

YOU CAN MAKE LIMP CELERY CRISP AGAIN BY CUTTING OFF THE ROOT AND DUNKING IN A GLASS OF ICED WATER. LEAVE FOR FIVE MINUTES OR UNTIL BRIGHT GREEN.



Words: Kelsey Ferencak

Woman's Day PROMOTION

### DECADENT TURKEY DELIGHTS FROM ALDI THIS CHRISTMAS

NEW!

This premium festive three-bird roast of turkey tenderloin and succulent duck breast wrapped in a de-boned whole chicken and filled with cranberry, apple and maple stuffing will make any Christmas feast impressive! **Specially Selected Turducken Roast with Cranberry & Apple Stuffing 1.5kg \$29.99** (\$19.99 per kilo)



### Update your cookbook shelf

Boost your repertoire with these awesome recipe books – or keep them handy for Chrissy gifts!



Celeb chef Ben O'Donoghue shares his knowledge of cooking meat on the barbecue, in the oven and on the stove. **Ben's Meat Bible** by Ben O'Donoghue (\$39.95, Hardie Grant)

The man behind Sydney's Fratelli Fresh providore and Cafe Sopra restaurants shares his much-loved Italian recipes. **Alla Fratelli: How to Eat Italian** by Barry McDonald (\$49.99, Murdoch Books)



This book is packed full of recipes from legendary Aussie chefs, cooks, bakers and food producers, like Matt Moran and Maggie Beer. **The Great Australian Cookbook** (\$49.95, PQ Blackwell)





## Plumps and firms without the pain

Now you can boost collagen formation by up to 300% for plumper, firmer skin in just 7 days,\* without painful injections, with **Skin Doctors Beetox with Manuka Honey**.

Skin Doctors Beetox with Manuka Honey contains the bee venom compound Melittin, and the collagen treatment Trylagen® – a complex mix of peptides, amino acids, proteins and key enzymes. These ingredients trick the skin into thinking it has been lightly stung, instantly working to control facial muscles for cumulative tightening, lifting, plumping and firming of the skin. Collagen and elastin are then stimulated to help reverse the signs of ageing.

The Manuka Honey then ensures that your skin is properly nourished, renewed and revitalised.

Leaving your skin looking brighter, firmer and visibly younger.



**Available at** Chemist Warehouse, My Chemist, Priceline, Terry White Chemist, Good Price Pharmacy, leading Pharmacies and at [skindoctors.com.au](http://skindoctors.com.au)

\*Tests on Trylagen® (active ingredient in Skin Doctors™ Beetox) showed up to 300% increase in the density of skin collagen III in 7 days. 96 in vitro samples.



# THE TOP 6 TANNING COMMANDMENTS

Master an at-home fake tan that looks like you just got back from a week in Noosa!

## THOU SHALT...

### DEFUZZ 48 HOURS BEFORE TANNING

Don't make the rookie error of shaving just before application. Skin reacts to hair removal, interfering with how well a tan develops. Do it at least two days before so your skin's in good condition and you're not left with waxy bits that act as a barrier to fake tan. **TRY 1** Remington Cordless Ultimate Body & Bikini Kit \$69.95 **2** Gillette Satin Care Olay Violet Swirl Shave Gel \$8

## THOU SHALT...

### PREP DRY AREAS

Moisturiser acts as a barrier to tan, so make sure most of your body is free of it. Using a lightweight one, apply it to areas where tan tends to take to more than you'd like, such as hands, knees, elbows and feet. **TRY 1** Vaseline Aloe Fresh Moisturising Body Gel \$7.68

## THOU SHALT...

### CHOOSE THE RIGHT FORMULA

For your first time, use a gradual tan that won't show mistakes or try a dark-coloured mousse that shows exactly where you've applied it. Expert in the field? Pick a tan in a can that gets into hard-to-reach areas. **TRY 1** Dove Summer Glow Gradual Self Tan Body Lotion \$10.49 **2** Fake Bake Airbrush Instant Self-Tan \$42

**3** Model Co One Hour Tan Mousse \$20

## THOU SHALT...

### EXFOLIATE THE DAY BEFORE

To really make the most of your tan, exfoliating is essential. Doing it the day before allows your skin to settle and pores to close. It's the easiest way to buff off the dry, scaly skin that doesn't allow tan to take. Using a scrub, squeeze onto an exfoliating mitt and work your way around your body. Pay particular attention to rough patches like elbows, knees and feet. **TRY 1** Bondi Sands Reusable Exfoliating Mitt \$12.95 **2** St Tropez Tan Enhancing Polish \$19.95

## THOU SHALT...

### CARE FOR YOUR TAN

If you look after your tan, you can extend it beyond a few days. Always take a cool shower, as hot water will make it peel. And using a thick lotion, moisturise your body every single day, focusing on areas that rub together, like the insides of your elbows and backs of knees.

**TRY 1** Jergens Natural Glow Tan Extender \$12.99

## THOU SHALT...

### GO LIGHT ON THE FACE

A dark tan can appear to alter your face shape, so use one that's specially formulated for your face. Prep your skin with an enzyme peel mask to smooth it. Then, apply a grape-sized amount of tan across your entire face. For an even appearance, blend it into your hairline and your neck. **TRY 1** Bondi Sands Everyday Face Gradual Tanning Milk \$19.99 **2** James Read Enhance Tan Perfecting Enzyme Peel Mask \$33



NEW

Natural looking,  
*shiny nails*  
effortlessly.



**Scholl Velvet Smooth Electronic Nail Care System & Velvet Smooth Nail Care Oil**

Scholl's Electronic Nail Care System is the perfect and effortless way to keep your toe and finger nails looking healthy and shiny. With one nail care device and 3 refillable filing heads, file, buff and shine your nails to natural looking perfection. For the ultimate finish, apply the Scholl Velvet Smooth Nail Care Oil with a nourishing 7 oil complex.



Now available at all good supermarkets and pharmacies.  
Visit [www.scholl.com.au](http://www.scholl.com.au) to find out more.



# BEAUTY SCHOOL: 3 STEPS TO BEACH WAVES

You don't have to hit the surf to get beachy hair. Use these tips for a tousled and textured look

## STEP 1

Apply a mousse to wet hair, scrunching the ends to create texture. **TRY Schwarzkopf Osis+ Glamination Plumping Shine Mousse \$28.95.** Dry your hair using a diffuser to lock in mousse and body. Try not to brush afterwards.



## STEP 2

Twist hair into small sections, gathering at the top of your head, and spray with sea salt spray. For extra volume and curl, throw it up in a bun for 10 minutes.

**TRY Eleven Australia Sea Salt Texture Spray \$21.95**



## STEP 3

Undo bun and lightly comb. Finish with a spritz of hairspray to keep waves in place. **TRY Schwarzkopf Osis+ Glamination Light Glossy Hairspray \$28.95 and Lady Jayne Rake Comb \$4.29**



# Beauty buzz

The latest trends to try and super products to buy

**IF YOU'VE ONLY GOT 4 MINUTES**



**Max Factor Lipfinity in Just Deluxe \$23.96**

Go for a red lip! The bright hue goes with everything and instantly lifts your look. Apply with a brush for a sophisticated pout or use your finger to dab on the colour for a more relaxed take.

**Butter London Bloody Brilliant Lip Crayon in Ladybird \$30**

**3 OF THE BEST**

## EYE TREATMENTS

**1 Rodial Dragon's Blood Eye Masks \$34.99** contains arnica extract, which helps to reduce puffiness.



**2 Nivea Cellular Anti-Age Eye Cream \$27.99** aims to smooth and firm skin with hyaluronic acid.



**3 Abeeco Revitalising Eye Serum \$48.76** targets signs of ageing to leave skin hydrated.



**BTW**

Instead of drying your hair with a towel, use a clean cotton T-shirt. The material means there's less friction so your hair stays smooth.

## BEAUTY TALK STROBING [verb]

Using illuminators to highlight your cheekbones, eyes and lips, as well as brightening your complexion.

**Napoleon Perdis Reflective Refiner Highlight \$50**





Top **Trenery**  
\$79.95 (4-18).  
Skirt **Trenery**  
\$149 (4-18).  
Bangles **Kmart**  
\$4 for two.  
Bag **Nine West**  
\$89.95. Heels  
**Nine West**  
\$159.95.

Top **Table Eight**  
\$79.99 (8-18).  
Coatigan **Cotton**  
On \$39.95 (S-L).  
Shorts **Sportscraft**  
\$99 (6-22). Bracelets  
**Kmart** \$7 for 2.  
Espadrilles **EziBuy**  
\$89.95.

Necklace  
**Sussan**  
\$29.95.

# SLIDE into neut

Keep cool in lightweight fabrics  
and muted tones for effortlessly  
chic summer dressing





**Flats Sol**  
Sana at  
Styletread  
\$99.95.



**Top Esprit**  
\$49.95  
(6-14).



**Dress Witchery**  
\$149.95 (4-16).  
**Vest Boohoo**  
\$60 (8-14).



**Sandals Novo**  
\$99.95.



**Shorts Lucas & Marc at Harris**  
\$49.95  
(8-16).

*entials*



**Bag Condura**  
\$49.95.



**Skirt Rockmans**  
\$59.99  
(8-16).



**Dress Trenergy** \$179  
(4-18). **Bracelets Kmart** \$2-\$5.  
**Sandals Boden** \$118.



Shirt **Cotton On**  
\$29.95 (XS-L).  
Maxi dress  
**Target** \$29 (6-20).  
Bag **EziBuy**  
\$49.99. Sandals  
**Trener** \$99.95.



Top **Laura Ashley**  
\$79.95 (6-18). Blazer  
**Dannii Minogue** at  
**Target** \$89 (4-16). Jeans  
**Emerge** at **EziBuy**  
\$49.99 (8-20). Necklaces **Colette** by  
**Colette Hayman** from  
\$8.95. Clutch **Nine West** \$119.95. Flats  
**Nine West** \$139.95.



Skirt  
**Uniqlo** \$39  
(XS-L).



Sandals  
**Therapy** at  
**Styletread**  
\$59.95.



Bag  
**Witchery**  
\$89.95.



Top **Target** \$15  
(6-18). Jacket  
**Sportscraft**  
\$279.99 (6-18).



Top **Millers**  
\$30 (10-20).



Flats **Hush Puppies**  
\$89.95.



**STOCKISTS** Boden [bodenclothing.com.au](http://bodenclothing.com.au) Boohoo [boohoo.com](http://boohoo.com) Colette by Colette Hayman [colettehayman.com.au](http://colettehayman.com.au) Condura [condura.com.au](http://condura.com.au) Cotton On [cottonon.com.au](http://cottonon.com.au) Esprit [esprit.com.au](http://esprit.com.au) EziBuy [ezibuy.com.au](http://ezibuy.com.au) Harris Scarfe [harrisscarfe.com.au](http://harrisscarfe.com.au) Hush Puppies [hushpuppies.com.au](http://hushpuppies.com.au) Kmart [kmart.com.au](http://kmart.com.au) Laura Ashley [laura-ashley.com.au](http://laura-ashley.com.au) Millers [millers.com.au](http://millers.com.au) Nine West [ninewest.com.au](http://ninewest.com.au) Novo [novoshoes.com.au](http://novoshoes.com.au) Rockmans [rockmans.com.au](http://rockmans.com.au) Sportscraft [sportscraft.com.au](http://sportscraft.com.au) Styletread [styletread.com.au](http://styletread.com.au) Sussan [sussan.com.au](http://sussan.com.au) Table Eight [rockmans.com.au](http://rockmans.com.au) Target [target.com.au](http://target.com.au) Trener [trenery.com.au](http://trenery.com.au) Uniqlo [uniqlo.com/au](http://uniqlo.com/au) Witchery [witchery.com.au](http://witchery.com.au)



# PETER ALEXANDER .COM.AU



CRAZY CHRISTMAS TEE  
\$49.95

SPOT ON BOY SHORT  
\$45.95

# Christmas Unwrapped



# Caring for your baby should begin before you know it's there

The first 6-8 weeks after conception are critical for a baby's development including growth of its vital organs. Yet most women don't know they are pregnant until after their baby starts to grow and develop.

It can take time to build the higher level of nutrients your body will need to support you and your growing baby. So it's important to start taking Elevit at least a month before you start trying to fall pregnant.

Elevit contains essential nutrients for baby's healthy development including folic acid, iron and iodine. Folic acid is clinically proven to reduce the risk of neural tube defects like spina bifida.\* Iron helps prevent dietary iron deficiency and iodine is important for your baby's brain development.

Visit [www.elevit.com.au](http://www.elevit.com.au) for lots of helpful information and online tools designed to help you all the way through pregnancy.



Available in Pharmacy



Always read the label. Use only as directed. See the label for full list of ingredients. If you have had a baby with a neural tube defect / Spina bifida, seek specific medical advice. For more information visit [www.elevit.com.au](http://www.elevit.com.au) or Freecall 1800 023 884.  
\*When taken from at least a month prior to and during pregnancy. 1. De-Regil LM, Fernandez-Gaxiola AC, Dowswell T, Pena-Rosas JP. Cochrane Database of Systematic Reviews 2010, Issue 10. Art No.:CD007950. DOI:10.1002/14651858. CD007950.pub2.

**elevit**<sup>®</sup>  
HEALTHY BABY. HEALTHY MUM.

CHC 70135-08/14



# 3 foods to rev up your metabolism

Eat these and lose weight without even breaking a sweat!



## Cruciferous vegetables

High in water and fibre, crunchy veges such as cauliflower, Brussels sprouts and cabbage increase your body's fat-burning ability. Cook them lightly to preserve their rich nutrients.



## Wholegrains

Oats, brown rice and barley are packed with fibre, which means they take longer for you to digest. Your body has to work much harder than it does when breaking down the equivalent amount of processed carbohydrates.



## Red berries

Strawberries and raspberries contain an antioxidant that helps your body to produce a hormone that not only speeds up your metabolism but also conquers cravings. It's a dieting double whammy!

# Health HQ

Get motivated with the latest in fitness and wellbeing



## DID YOU KNOW?

WOMEN WHO WERE BORN DURING SUMMER MONTHS ARE LIKELY TO BE MORE HEALTHY THAN THOSE BORN DURING COLD WEATHER, ACCORDING TO UK SCIENTISTS.

ICE, ICE BABY!



The best diet tip we've heard in ages is to use an ice cube to freeze fat lurking in a soup or sauce. Just drop the ice in, watch the fat solidify around it and scoop both out before you eat. Brilliant!



Alicia Pyke

Health Ed's fave

"Hurrah! I've finally found a way to prevent workout hat-hair with this clever headband/visor hybrid, which is perfect for shading my face during my lunchtime walks." **Scunci Active Visor, \$14.95.**



26%

Your increased likelihood of developing type 2 diabetes when you consume one to two sugary soft drinks a day.





# CHRISTMAS GIFTS

## FROM NAPOLEON PERDIS



LOVE IT SHINE

LOVE NUDE



BRUSH LOVE 12 PCS

LOVE GLOSS

TAHITIAN LOVE SECRETS



CITRUS LOVE KISS

PARTY READY LOVE!

BRUSH LOVE 6 PCS



SKIN LOVE

## LOVE COLLECTIONS

NAPOLEON  
PERDIS



# Christmas treats

Follow our handy guide to make pressie shopping a breeze

# FOR THE FAMILY

**1** **Body Gel \$19.95** **Peppermint Grove** Add a luxurious touch of lemongrass and lime to Mum's beauty kit.

**2** **Calvin Klein Euphoria \$140** A fruity fragrance with hints of raspberry and exotic orchid. Any woman in your life is sure to love it.

**3** **UP3 \$228 Jawbone** This will help Mum stay healthy by tracking her activity, sleep – while looking chic to boot!

**4** **Portable Turntable \$169 Holysmoke** Put that old vinyl collection to good use. Inbuilt speakers mean she can listen anywhere.

**5** **Foot cream \$14.99 Natura Siberica** The perfect excuse for Mum to put her feet up.

**6** **Wedges \$49.95 Rubi** Stylish and comfortable!

**7** **Wentworth Boxset \$84.95 Roadshow** Introduce her to the modern remake of *Prisoner*.

**8** **Tea Set \$49.95 Robert Gordon** Serves up tea for two and is fancy enough to be kept out on display.

**9** **Aquala Bathtub Caddy \$50 Umbra** Next-level relaxation time for Mum.

**10** **Banana leaf beach tote \$39.95 Annabel Trends** Palm print isn't just big in interiors, it also makes the perfect summer accessory.

**11** **White Christmas Candle \$44.95 Glasshouse** Cedar leaf and fruity clove combine for the perfect festive fragrance.

**12** **Note Cards \$19.99 Orla Kiely at Officeworks** She can write you a thank you note with these retro-inspired cards.

**13** **Vintage Ladies 7-speed Classic Bike \$249.99 Reid Cycles** With seven gears, it's ideal for anything from city cycling to weekend cruising.

**For MUM**





For DAD

- 1 **Breath Tester \$269 AlcoSense** Ideal for dads who enjoy an after-work tipple.
- 2 **Plate \$12.95 Salt & Pepper** The perfect addition to his man cave.
- 3 **Aviators \$24.95 i-Care Eyewear** Suits every face shape and will make Dad look instantly cool!
- 4 **Razormate \$29.95 at Harvey Norman** Cleans and sharpens his razor so it'll last heaps longer.
- 5 **Case \$71.99 LifeProof** This iPhone 6 case is water, dirt, snow and drop proof.
- 6 **Moonwalker \$399 Hunter Products** The latest trend in transport is perfect for any big kid, including Dad!
- 7 **Man Made by Dan Jones \$24.95 Hardie Grant** This book will keep him in the know in the style stakes – so you don't have to.
- 8 **Print \$99 Fantastic Furniture** A serene print for the office will de-stress.
- 9 **Topsiders \$129.95 Sperry** Shock absorption and traction mean no slips when he's on board.
- 10 **Wireless Headphones \$379 Bose** These will give Dad two days of play before needing to be recharged.
- 11 **Top \$69 Lululemon** This T-shirt is made with anti-smell tech, so it won't stink out the car or Dad's gym bag.
- 12 **Vivofit 2 \$139 Garmin** With a year's battery life, this fit-tastic gadget traces steps and activity.





## For BOYS

**1 Wireless Speaker \$99**  
**Sony** This portable speaker has a 12-hour battery life and will fit into a backpack.

**2 Bean Bag \$99.95**  
**Woouf** Add some fun to his bedroom.

**3 Cricket Set \$89.95**  
**Sunnylife** Great for the beach or backyard, and safer than adult cricket sets.

**4 Football \$24.99**  
**Sherrin** If he's a fan of both footy and superheroes, he's sure to love this collaboration.

**5 The Good Dinosaur \$12.95**  
**Disney** The perfect present for any kids' movie buff.

**6 Donut Float \$39.95**  
**Lark Store** Make a splash with this tasty-looking pool toy.

**7 Board shorts \$125**  
**Syndicut London** Side pockets mean there's room to stash board wax and cash.

**8 Wristwear \$109.95**  
**Sharkbanz** Developed by scientists, the magnetic technology helps deter sharks. Ideal for surfers.

**9 Colour Shifters Colour Splash Science Lab Playset \$39.99**  
**Hot Wheels** This fun kit uses water to change the colour of the cars while they're racing around the track.

**10 Maximum Miles \$29.95**  
**Tomy** Miles from Tomorrowland fans will absolutely love this.

**11 Hoodie \$59.52**  
**Etsy** Hoodies don't come much cooler than this one!

**12 Sneakers \$60**  
**Converse** The handy heel loops on these will make getting him out the door a breeze.





For GIRLS

- 1 Amperсанд LED light \$15 Kmart** A fun take on a plain bedroom lamp.
- 2 Doll \$39.99 Cabbage Patch Kids** The '80s classic is back, cuter than ever. She'll love it!
- 3 Scuffs \$39.95 Peter Alexander** These slippers will wear well, thanks to their espadrille base.
- 4 Perfume \$19.99 Axis** This sweet scent will make your little girl feel all grown up.
- 5 Giant Gem Speaker \$40 Ban.do** A cute accessory for any girl's room – when it's not being used on the go.
- 6 Espadrille \$139.95 Soludos** Beachy cool for the surfer girl in your life.
- 7 Sandals \$44.99 Holster** She'll want to wear these super-comfy jelly sandals all summer long.
- 8 Beauty Gift Set \$10 Boe Beauty** A sweet shower treat including gel, bath salts and body lotion.
- 9 Inside Out from \$39.95 Disney** Getting the kids to stay put has never been so easy with this awesome movie.
- 10 Flamingo \$59.95 Cotton On** Encourages hours of pool time.
- 11 Smart Tennis Sensor \$249 Sony** Motion and vibration sensors analyse each stroke and then connect to a smartphone to help improve her game.
- 12 Purse Box Kit \$59.95 Myer** Enjoy a craftroom together with this make-your-own purse kit.
- 13 Advent Calendar \$199 Adore Beauty** A teenage twist on the advent calendar, with beauty goodies for every day.
- 14 Glam Camper \$149.99 Barbie** Everything Barbie could possibly need for the ultimate glamping experience – we're talking a pool, kitchen and even a chandelier!

Compiled by Kelsey Ferencak. Pictures: Getty Images.

**STOCKISTS** Adore Beauty [adorebeauty.com.au](http://adorebeauty.com.au) AlcoSense [andatech.com.au](http://andatech.com.au) Annabel Trends [annabeltrends.com](http://annabeltrends.com) Axis [chemistwarehouse.com.au](http://chemistwarehouse.com.au) Ban.do [bando.com](http://bando.com) Barbie [mattel.com](http://mattel.com)

Boe Beauty [bigw.com.au](http://bigw.com.au) Bose [bose.com.au](http://bose.com.au) Cabbage Patch Kids [facebook.com/cabbagepatchkidsfan](http://facebook.com/cabbagepatchkidsfan) Calvin Klein [calvinklein.com](http://calvinklein.com) Converse [converse.com.au](http://converse.com.au) Cotton On [cottonon.com](http://cottonon.com) Disney [disney.com.au](http://disney.com.au) Etsy [etsy.com](http://etsy.com) Fantastic Furniture [fantasticfurniture.com.au](http://fantasticfurniture.com.au) Garmin [garmin.com.au](http://garmin.com.au) Glasshouse Fragrances [glasshousefragrances.com](http://glasshousefragrances.com) Hardie Grant [hardiegrant.com.au](http://hardiegrant.com.au) Harvey Norman [harveynorman.com.au](http://harveynorman.com.au) Holster [holsterfashion.com](http://holsterfashion.com) Holysmoke [myer.com.au](http://myer.com.au) Hot Wheels [mattel.com](http://mattel.com) Hunter Products [hunterproducts.com.au](http://hunterproducts.com.au) i-Care Eyewear [icareeyewear.com.au](http://icareeyewear.com.au) Jawbone [jawbone.com](http://jawbone.com) Kmart [kmart.com.au](http://kmart.com.au) Lark Store [larkstore.com.au](http://larkstore.com.au) LifeProof [lifeproof.com](http://lifeproof.com) Lululemon [lululemon.com.au](http://lululemon.com.au) Myer [myer.com.au](http://myer.com.au) Natura Siberica [naturasiberica.net.au](http://naturasiberica.net.au) Orla Kiely [officeworks.com.au](http://officeworks.com.au) Peppermint Grove [peppermintgroveaustralia.com](http://peppermintgroveaustralia.com) Peter Alexander [peteralexander.com.au](http://peteralexander.com.au) Reid Cycles [reidcycles.com.au](http://reidcycles.com.au) Robert Gordon [robertgordonaustralia.com.au](http://robertgordonaustralia.com.au) Rubi [cottonon.com](http://cottonon.com) Roadshow [roadshow.com.au](http://roadshow.com.au) Salt & Pepper [saltandpepper.com.au](http://saltandpepper.com.au) Sharkbanz [sharkbanz.com.au](http://sharkbanz.com.au) Sherrin [sherrin.com.au](http://sherrin.com.au) Soludos [soludos.com](http://soludos.com) Sony [sony.com.au](http://sony.com.au) Sperry [sperry.com.au](http://sperry.com.au) Sunnyside [outliving.com.au](http://outliving.com.au) Syndicut London [syndicutlondon.com](http://syndicutlondon.com) Tomy [disneyjunior.disney.com.au](http://disneyjunior.disney.com.au) /miles-from-tomorrowland [umbra.com](http://umbra.com) Wooufiworldonline.com.au



# The Gift GURU's Guide TO WINNING CHRISTMAS

**TIP 1** SQUARE PRESENTS ARE EASY TO WRAP, YOU'LL LOOK LIKE A PRO!

## FOR THE YOUNG ROMANTICS



**1. WONDERLAND BOXSET:** For those that like to cuddle up with some familiar friends. Prepare to journey to a wonderland for a great night of entertainment on the couch!



**1. NASHVILLE S3:** Got a diva in your life?... then here is a sin-fuelled, song-filled, superstar-driven trip that will take them centre stage and put them in the spotlight.

NEW ON DVD DEC 9

## FOR THE ADVENTUROUS



**3. PERSON OF INTEREST BOXSET:** The perfect gift for the person of many interests - crime, CIA agents, advanced surveillance, sentient AI, hackers, contract killers and vigilante justice. Case closed!



**4. BOARDWALK EMPIRE BOXSET:** Get Nucky this Christmas...and go back to the era of prohibition, mobsters and mayhem. One of the most acclaimed TV series of our generation is for all connoisseurs of fine drama.

**5. GAME OF THRONES:** A cult phenomenon, a break-out hit, the most talked-about TV series of our generation and the gift every fanatic of this ground-breaking series will want to see wrapped up and waiting for them under the Xmas tree.



**7. DOCTOR WHO:** Calling all Time-Travelers and Doctor Who fanatics! A who-verse of intergalactic adventure takes off with this special Christmas release. Now you know what to buy that special who.



**6. SAMMY J & RANDY IN RICKETTS LANE:** Take a walk on the wild side with acclaimed comedian Sammy J & Australia's first AACTA-nominated purple puppet!



**8. THE HOBBIT BOXSET:** The trilogy as big as Middle Earth...and the fantasy adventure experience that'll take fans on the journey of a lifetime.

## FOR THOSE WHO LOVE TO LAUGH



**9. BIG BANG THEORY BOXSET:** Not just for nerds. Slackers, hipsters, jocks, bimbos, airheads, emos and celebrities all catered for. The gift that'll go off with a big bang.



**10. 2 BROKE GIRLS BOXSET:** A new series of this hit TV series is a risqué delight for all comedy lovers.



**11. TOP GEAR AMBITIOUS BUT RUBBISH:** This is one for the boys who love their toys. Buckle up as they re-live their wildest and boldest endeavours.

NEW ON DVD DEC 2

## FOR THOSE WHO LOVE MYSTERY



**13. MISS FISHER'S MURDER MYSTERIES:** The Honourable Miss Phryne Fisher stars in this lavish & much-loved hit series that's perfect for mystery lovers. Features a winning combination of sass, smarts, gorgeous locations & sublime costumes.



**13. SUPERNATURAL BOXSET:** For those in your family who love to binge-watch!... 10 years. Over 200 episodes. And Supernatural is as 'gripping and fresh' (IGN) as ever!



**14. VAMPIRE DIARIES BOXSET:** Fangs, stakes, blood-lust, dark desires and hot bods-guaranteed to put a smile on the face of even the surliest teen you know.

## FOR MUM



**15. CALL THE MIDWIFE BOXSET:** 16. LAST TANGO IN HALIFAX BOXSET 17. VERA BOXSET: The very best of the British! For those that love their premium drama... there is no better way to put a smile on the face of that leading lady in your life.



## FOR THE UNCONVENTIONAL



**18. GIRLS BOXSET:** Girls rule...this is the hit series for everyone who likes their comedy raw and emotionally naked. **19. ORPHAN BLACK BOXSET:** The gift idea so good you'll want to clone it. A gift for those who love being on the cutting edge. **20. THE 100 BOXSET:** The latest series of the post-apocalyptic drama with a hot cast...and sizzling suspense-the gift idea that scores a perfect 100% with young adults.



NEW ON DVD DEC 2



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## TOP TIP

Why not bring two lonely hearts together by having a play date with a neighbour's equally bored pet? Too easy!

# CABIN FEVER CURES

Try Dr Chris Brown's games to keep your furry friends happy when stuck indoors



can't compete with the park for open space, with a little imagination you can open your pet's mind and exercise their body in the process. Here are some games to try...

## FOR DOGS

♦ **THE GUESS A HAND GAME** Put their amazing sense of smell (up to 100,000 times stronger than ours) to the test. Hide a treat inside a clenched fist and see if they can pick the right one. Use the command "guess" and reward them for a correct pick. They'll soon catch on.

♦ **THE NAME GAME** Dogs have been known to learn up to 1000 words. So play on that by teaching them the names of their toys, and then make requests for them to bring them to you one by one.

♦ **THE FROZEN GAME** This takes some preparation, but it's worth it. Place your dog's favourite toy or treat in a bowl and fill it with water or a mix of Vegemite and water and freeze. Place it in the bathroom or yard for your dog to lick, chew and paw away at until the ice-block releases its prize!

**'If you think only dogs chase balls, think again. Cats just aren't great at bringing them back!'**

## FOR CATS

♦ **THE JUNGLE GAME** Set up a small collection of safe potted plants inside in a bunch. The new smells alone will interest

your cat but hiding a toy or treat among the plants, especially if it vibrates or makes a sound, will really ignite that inner tiger.

♦ **THE LASER GAME** Your cat's eyesight is finely tuned to detect any sudden movements. If they see something, they'll want to chase after it. So use a laser pointer (from office stores) to work with that instinct. You'll be amazed by how quickly they become obsessed and start leaping after the light.

♦ **THE BALL GAME** If you think only dogs chase balls, think again. Cats are drawn to both the sight and sound of a fast-moving ball. Balls with rattles in a confined space, like an empty bathtub, are especially interesting to them. Cats just aren't that great at bringing them back!

If you're cooped up inside when our Aussie summer takes a wet turn, you'll probably discover that when it comes to cabin fever your pets suffer more than most.

With no park or backyard available to play in, creating havoc, fidgeting or simply staring forlornly out at the rain becomes their only focus.

But there are ways to turn that frustration around and make being indoors exciting again.

While the inside of your home



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 Illuminate your Future

# Ask Mitchell



Australia's most trusted celebrity medium  
**Mitchell Coombes** responds to your concerns

**Q** *I have been in unrequited love/lust with a former work colleague for the past five years. My heart tells me something will happen between us one day. My head tells me I'm kidding myself. What should I believe?* Confused

While the strong feelings you have for this man feel very real to you, they're not from this lifetime. They're the remnants of a love bond you shared in a previous life. This is why in this lifetime your love is unrequited. Forces will always keep you apart, because this time around you are both destined to end up with different people. Down the track you will find true love, but not with this man. Please be kinder to yourself.

**Q** *My son has developmental problems. I've tried different therapies with little or no success. I worry so much. Is there anything else I can do?* Hopeful

Consider talking to a dietitian to help you identify whether his diet might be having an impact. Please don't worry about what the future will bring your son. Not only is he a wise old soul, but as he continues to grow he should overcome the developmental problems that have been challenging for him. An older lady in the spirit world from your mother's side of the family is saying, "Don't worry about his literacy skills. He will learn the words he needs to use." Life has a lot to offer your son.



## The ANIMAL whisperer

**Amanda De Warren** chats to chooks Betty and Veronica

**AMANDA SAYS** Vicki's two hens tell me that they came in at different times but only a week apart. They are very different personalities as Betty is laid-back and Veronica loves lots of cuddles. They live in suburbia but tell me they still have plenty of room to roam, and that they love their fresh food.

I have spoken to Veronica once before and told Vicki that she comes out of her broodiness in about two days. Betty also gets very broody sometimes and doesn't come out of it for a little while. They tell me they love Vicki very much and they also love Vicki's daughter, who loves them, too. They tell me that Vicki's husband feeds them in the mornings and that sometimes they give him a bit of a mean peck.

There is also a cat called Mia who lives with them. Mia tells me that Veronica will often sneak into the house to steal her cat food, which she doesn't mind at all. Mia is quite protective over the hens and tells me she got into a fight with another

cat a couple of weeks ago because this cat was watching the hens. Betty and Veronica have also seen this cat watching them.

When the back door is open, Veronica will try to sneak in but Betty doesn't want to come into the house.

**VICKI SAYS** I was blown away by the fact that Amanda's opening sentence was "I feel that you didn't get these two at the same time," which was absolutely correct! There was a period of swapping chickens that had turned out to be roosters. It was such an odd thing to pick up! Amanda confirmed that one of them enjoys cuddles, rather than just tolerating me, which is good to know. The reading was spot-on. I've spoken with Amanda in the past and she never ceases to amaze me with her accuracy.





**Q** *Will my husband be given a redundancy soon? We want to sell our villa and buy a new home. Will we get a good price? When will it all happen for us?* Worried

Your husband needs to bite the bullet and push for a redundancy. Down the track, a much more suitable job will be offered to him. While you won't get the full asking price for your villa, a reasonable offer will be made and in the end you'll be ready to sell and move on. I can see you moving to a light-coloured brick home that is close to the water's edge. The months of April and May next year will offer a strong window of opportunity for these changes to begin.

**Q** *A very good friend ended our friendship late last year. It saddened me then and I'm still sad about it now. We work within walking distance from each other. I want to get in touch with him but I am afraid to. Does he miss our friendship, too?* Desperate For Help

He misses aspects of the friendship, but it's over. As upsetting as this situation has been, you've grown from it spiritually. Sometimes people enter our lives for a season and exit for a reason. Happier times are ahead with a new friend you're yet to meet.

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Visit [mitchellcoombes.com](http://mitchellcoombes.com) for tour dates.

Write to Mitchell Coombes at *Woman's Day*, GPO Box 5245, Sydney, NSW 2001, or email [womansday@bauer-media.com.au](mailto:womansday@bauer-media.com.au). Please keep all questions 80 words and under.



Veronica loves a cuddle but Betty's more stand-offish.

**SEE AMANDA DE WARREN LIVE!**  
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If you'd like a reading, email [womansday@bauer-media.com.au](mailto:womansday@bauer-media.com.au) with your name, photo and number.

# Your Stars

**Jenny Blume predicts your heavenly destiny for this week, Nov 30-Dec 6**



**Sagittarius** NOV 23 – DEC 22

Activity seems to be swirling around your job, and the floodgates open on the social front. As your chatty side comes out, bonds with colleagues grow. But watch the wines – they go down like water! These stylish stars could prompt an image overhaul, but take it easy under Sunday's extravagant sky.

**Capricorn** DEC 23 – JAN 20

Welcome to party central! A catch-up could end up bigger than expected, and it's not only the social scene sizzling; a work-related offer might add to the buzz, but ensure you get all the facts. With so much happening, a team effort is essential: if co-workers or loved ones are slacking, pull them into line.

**Aquarius** JAN 21 – FEB 19

Don't feel guilty about enjoying yourself: a social vibe is just the tonic you need. You might be busy, but if a concert or get-together is in the offing, don't miss it – especially if you're looking for love. After a party dress or some new cosmetics? Sunday's stylish stars should set you right.

**Pisces** FEB 20 – MAR 20

Your money sector is crackling with energy! Just as well, since entertainment expenses and home improvements could prove costly. Amid parties and pre-Christmas craziness, a heart-to-heart could lead to a breakthrough. With your energy levels on the rise, why not ask Santa for some exercise gear?

**Aries** MAR 21 – APR 20

Finding it hard to focus? These stars are made for fun and games, not work, so take care or mistakes could leave you red-faced. Friday's exuberant sky could bring a generous gift or surprise, but don't make promises you might regret. On the romantic front, singles should look to the outdoors.

**Taurus** APR 21 – MAY 21

Your work ethic is impressive, but don't let that inner perfectionist wear you down. When lovebird Venus cruises into your social sector this weekend, the whole vibe will change; a concert or function might propel you into full party mode – and help put things back into perspective.

**Gemini** MAY 22 – JUN 21

If your juggling act is coming undone, celestial help is at hand. When inventive thinking hits its peak towards Thursday, organise a meeting or rally extra help at home. Balance the stress with a twilight picnic. Saturday's moon is tailor-made for catch-ups, and could spark romance.

**Cancer** JUN 22 – JUL 23

Watch out, that spending bug is biting hard. Homewares and gourmet foods may look gorgeous, but don't overdo it. Instead, whip up a few homemade treats or revamp old clothes. If your relationship's running on autopilot, take advantage of this weekend's touchy-feely stars. Love is in the air!

**Leo** JUL 24 – AUG 23

Your social sphere is already buzzing, but Saturday's Libra moon should propel you into top gear. Just watch those smooth talkers under Friday's exuberant stars. Things are heating up at home, so keep the cupboards stocked; impromptu parties and unexpected guests are on the cards.

**Virgo** AUG 24 – SEP 23

Need to get organised? Whether it's paying bills, writing cards, clearing your in-tray or tackling those cupboards, this is the week to do it. You might uncover something lost or valuable in the process. Postpone major shopping trips and get creative instead. Handmade gifts should go down a treat.

**Libra** SEP 24 – OCT 23

Life's simple pleasures bring your greatest joy, so get back to basics or spend quality time with friends. A health breakthrough could take a load off your shoulders, while on the financial front, Venus' entry into your money sector could attract more luck; a surprise payment might even materialise.

**Scorpio** OCT 24 – NOV 22

It's time to cast those doubts aside and take a positive step. Supportive people will be drawn to you; and as your inner sparkle intensifies you might even attract the boss's eye. With opportunities popping up out of the blue, keep that resume handy. Wear red or silver for extra luck.





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# Woman's Day superpuzzler



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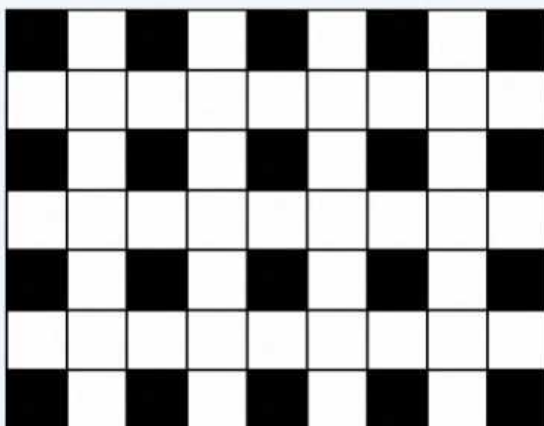
When you've solved the crossword, the letters on the shaded squares, reading left to right, top to bottom, spell a mystery word or phrase.

The mystery word or phrase:

### ALL-A-GRAMS

Instead of clues, we've given you anagrams of the words that fit into the grid. Work out each letter jumble, then work out where each word fits.

COIL QUIRE  
CRUDE NEWS  
ERNS CAN  
LUCK LOB  
NIGGLE TEN  
NIP EGOS  
REG GRIT



### SUDOKU

Fill in the blank squares with the numbers 1 to 9 so that each row, each column and each smaller 3 x 3 block contains all the numbers from 1 to 9.

								2
		5		6				1
6	2		8		7		3	
1		8		9		5		6
	9						1	
3		4		6		7		8
	6		4		1		5	9
5			2			4		
7								

3	6	4					2	
1			8	2	3	5		
4		1	2	7				8
6	7			5			2	1
5				3	6	9		7
		2	7	9	1			6
		3				1	7	2

#### ACROSS

1. Globes
6. Softies
10. Possibly
14. Leaves empty
18. Fabricator
19. In advance
20. Desert spring
21. Unhealthy
22. Cinema gangway
23. Imaginative plans
24. Chatterboxes
25. Deliberately avoids
26. Repairs
27. Bend down
28. Copper or iron
30. Takes care of
32. Church minister
35. Concentrated flavouring
39. Berlin language
42. Respiratory ailment
46. Gold bars
48. Scared
49. US First Lady, Michelle ...
50. Skimpy pool outfit
51. Closest (friend)
53. Mode of walking
55. Horse control strap
57. Went out
58. Cloth border
60. Tooth material
61. Relinquish (land)
63. Sooner or ...
64. Reef organism
65. Manicure (board)
66. Most rational
70. Sounds
73. Smug smile
74. More modern
75. Facade
76. Court hearing
77. Bank vault
78. Slime
79. Apple centre
80. Ancient Andes Indians
81. Oscar winner, ... Streep

#### DOWN

83. Cattle farm
85. Motto
86. Dr ... and Mr Hyde
88. Least outgoing
91. Slight tint
93. Fire remains
95. Who, what, ..., when?
97. Heredity unit
98. False hairpiece
99. Downhearted
100. Recite (prayer)
101. Reckless
103. Worry
107. Final
109. US 5-cent coin
110. Eat grass
111. Sneers
112. Carbonate
114. King's chair
116. The ... of two evils
118. Properties
121. Red-skinned Asian fruit
123. Exterior
127. Child's nurse
129. Swamp
131. Magnate
133. Scorpion poison
136. Matrimonial
137. Unimportant
138. Equestrian
139. Norsemen
140. Duped (3,2)
141. Heavenly being
142. Seedless orange
143. Solemn promises
144. Formal dresses
145. Dos and ... (3'2)
146. Picks

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ENTER**

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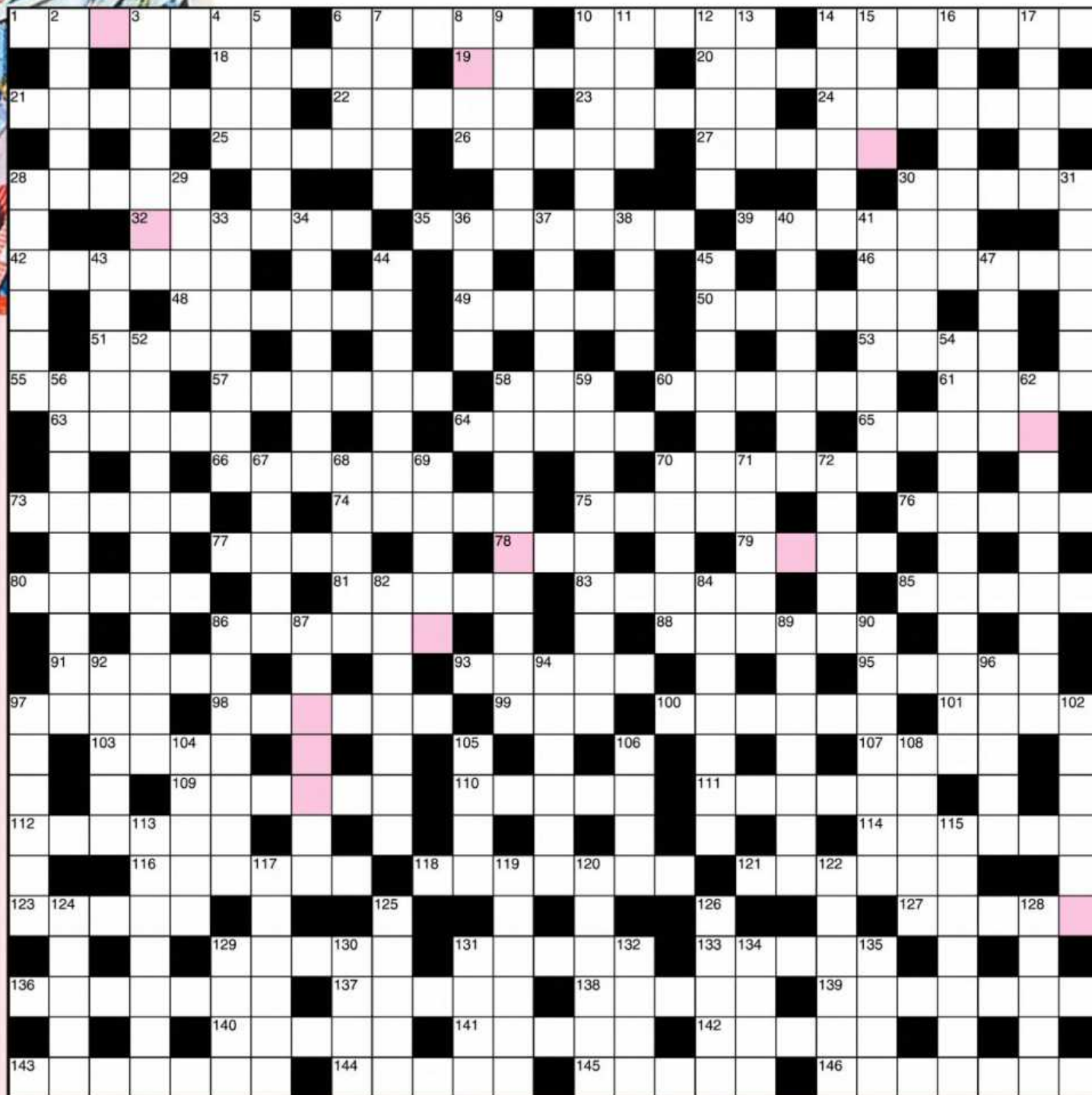
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UNEXPECTED GIFTS COME FROM  
UNEXPECTED PLACES.





Christine Lovatt

Authorised under permit numbers: NSW: LTPM/15/00560; ACT: TP15/06161.

- |                                    |                                |                                  |                                    |
|------------------------------------|--------------------------------|----------------------------------|------------------------------------|
| <b>8.</b> Inner part of hand       | <b>37.</b> Pencil-mark remover | <b>70.</b> Naming words          | <b>108.</b> Grey-faced             |
| <b>9.</b> Bed linen                | <b>38.</b> Talon               | <b>71.</b> Wanderlust, ... feet  | <b>113.</b> Heavy warning          |
| <b>10.</b> Damsel                  | <b>40.</b> Igloo dwellers      | <b>72.</b> EU currency units     | <b>115.</b> Comprehend             |
| <b>11.</b> Tallies                 | <b>41.</b> Combines            | <b>82.</b> Aged                  | <b>117.</b> Ascends (mountain)     |
| <b>12.</b> Brag                    | <b>43.</b> Shinbone            | <b>84.</b> Shanghai nationals    | <b>119.</b> Rose spikes            |
| <b>13.</b> Compass direction       | <b>44.</b> Unfavourable        | <b>86.</b> Wharves               | <b>120.</b> Travelled              |
| <b>14.</b> Vim                     | <b>45.</b> Discard             | <b>87.</b> Finger joint          | <b>122.</b> Garlic segments        |
| <b>15.</b> Immediately! (1,1,1,1)  | <b>47.</b> River creature      | <b>89.</b> Environment study     | <b>124.</b> Normal                 |
| <b>16.</b> Strolling               | <b>52.</b> Song-and-dance star | <b>90.</b> 12th                  | <b>125.</b> Heavy horned animal    |
| <b>17.</b> Inched                  | <b>54.</b> Polar ships         | <b>92.</b> Deduce                | <b>126.</b> Significant occurrence |
| <b>28.</b> Stingier                | <b>56.</b> Abolish             | <b>94.</b> High-quality cigar    | <b>128.</b> Dusk to dawn           |
| <b>29.</b> Tibetan priests         | <b>58.</b> Sand-filled timer   | <b>96.</b> Relative amounts      | <b>129.</b> Stag's gender          |
| <b>30.</b> Excessive enthusiasm    | <b>59.</b> Misshapen           | <b>97.</b> Italian dairy dessert | <b>130.</b> Pollution haze         |
| <b>31.</b> Magic saying, open ...! | <b>62.</b> Uses explosives     | <b>102.</b> Enormously           | <b>131.</b> Grumble                |
| <b>33.</b> Roof supports           | <b>67.</b> Astonish            | <b>104.</b> Input (data)         | <b>132.</b> Air mattress           |
| <b>34.</b> Great applause          | <b>68.</b> Foe                 | <b>105.</b> Double-yolkers       | <b>134.</b> Periods                |
| <b>36.</b> Unhurried               | <b>69.</b> Rotate rapidly      | <b>106.</b> This place           | <b>135.</b> 1760 yards             |

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## BRAINBUSTERS



- 1 Bradley Cooper and Sienna Miller star in which chef drama?
- 2 Daisy Ridley, Adam Driver and John Boyega are the stars of which new sci-fi blockbuster?
- 3 What appears on the logo of the Rolex luxury watch company?
- 4 Hello is the latest hit by which UK soul singer?
- 5 Which metal has the symbol Cu?
- 6 Which two teams played in this year's Rugby World Cup final?
- 7 What is the first name of Malcolm Turnbull's wife?
- 8 Which crop was first grown commercially in Australia at Buderim in Queensland?
- 9 If you were using the fartlek technique, what would you be doing?
- 10 Who is the host of Nine's new panel show *The Verdict*?



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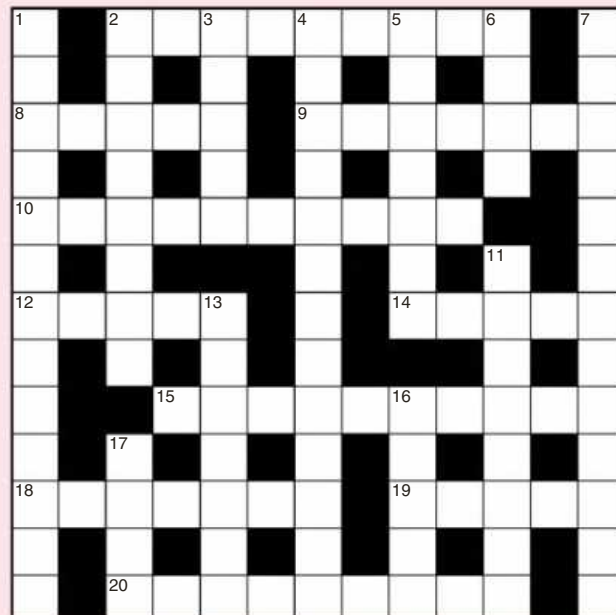
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## CRYPTIC CROSSWORD

### ACROSS

2. Nice joint could somehow be a jab in the arm (9)
8. Twisted snake in the grass (5)
9. He had the power to make waves (7)
10. Come in! Force open a bold undertaking (10)
12. Don't go to bed – do a tummy crunch! (3-2)
14. "I laze around" admits Miss Doolittle (5)
15. Words used by extremely vocal constabulary (10)
18. Extra violinists have eaten the pasta (7)
19. Thread that links tea to wine (5)
20. Fabulous, crazy Lady Green (9)
5. Admit to being behind the times in a dead end (7)
6. Grammatical term for initial name of unspecified nature (4)
7. Roadside tests failed by last shearer (13)
11. Long live the metropolis in animation (8)
13. Career sportsperson with desire to spin out (7)
16. Partially insult radical (5)
17. Ring midwives! Second baby left in sports field (4)



### DOWN

1. Conquers calibre for postgraduate award (6'1,6)
2. I'd object to individuality (8)
3. Comedian is a real card (5)
4. Company needs nation to keep face in war of words (13)

## WORDFIND

### BILL MURRAY

Find all the movies related to Bill Murray in the grid. Words may read backwards, forwards, vertically, horizontally or diagonally. Some letters are used more than once. Circle letters only, do not circle words. When you've found all of the listed words, the 34 unused letters, reading left to right and top to bottom, will spell out the name of another of his films and his co-star in that movie (4,2,11 – 8,9).



- |                  |                 |
|------------------|-----------------|
| Aloha            | Meatballs       |
| Caddyshack       | Passion Play    |
| Charlie's Angels | Rock the        |
| City of Ember    | Kasbah          |
| Ed Wood          | Rushmore        |
| Fantastic        | Scrooged        |
| Mr Fox           | Space Jam       |
| Get Low          | Steve Zissou    |
| Get Smart        | The Lost City   |
| Ghostbusters     | Tootsie         |
| Groundhog Day    | What About Bob? |









A person is seen from behind, silhouetted against a bright, hazy light source in the center of a nightclub. Their arms are raised in the air. The scene is filled with vibrant blue and red light beams from stage lights, creating a dynamic and energetic atmosphere. The background is slightly out of focus, showing other patrons and the club's interior.

reality tv just got more real

# CLUBLAND

COMING SOON

[www.clublandmelbourne.com](http://www.clublandmelbourne.com)



Entertainment extra!

Edited by Jessica Grubb

# Tuned in

In association with



Oprah says she had a spiritual experience at Uluru.



She has pals like Russell Crowe to make her feel at home.

## Oprah Winfrey I want to live in Australia!

The talk show host reveals why she can't wait to be back – and spills her relationship secrets

**T**he last time Oprah Winfrey visited Australia, she brought 300 fans and 20 camera crews; an epic adventure coinciding with her final season of *The Oprah Winfrey Show*. She still has a framed photograph of Sydney Harbour Bridge taking pride of place in her office alongside her 18 Emmy awards. Now, as the US TV queen, 61, comes Down Under for her six-date speaking tour, she says she's glad to be back.

"One of the reasons why I wanted to return is because of the Aussies and the way I was treated there and how I was made to feel there," she says. "If ever things got tough in the Unites States, I know I can find a country in Australia."

**What do you think are the unique traits of we Aussies?**

The one trait that I wholly admire is that there seems to

be a drive – and this is what this whole tour is about: living your best life – for a higher quality of life and experiencing life, not just as your job and career.

**People say Australia is a spiritual place. Was that your experience?**

Yes. I remember having an incredible moment at Uluru. I was

**'If ever things got tough in the US, I know I can find a country in Australia'**



Oprah says Stedman is a "rare, rare, rare" man.

in my little tent out there in the middle of the night when I thought, "Whoa, there's a lot of planes out here!" because there were so many lights in the sky and I wondered where all those planes were coming from, and it really was just the light of the stars. The stars were twinkling so brightly, it was incredible.

**Can you recall the first time you met Hugh Jackman?**

I interviewed him and Nicole Kidman together for the movie *Australia*. I just really responded to Hugh and had a real, genuine conversation with him. There have been a few people I've had a similar experience with: Sidney Poitier, Salma Hayek, Sean Penn, where in the process of interviewing them, I became very impressed with their human-ness.

**You and Gayle King have remained best friends for 40 years. What's the secret?**

I would say this to any woman: you cannot rise to the heights that your life is fully owed if you have anybody in your life who is jealous of you. You can't, because you spend your life and your energy trying to appease that jealousy.

**Many men would be emasculated by your power, yet your partner Stedman Graham is cool with it...**

Stedman is one of the most incredible human beings. He's been flexible, malleable, adjusting to the light around me and placing himself just where he needed to be in order to support me. Rare, rare, rare. Now, there's lots of people I admire, but I do not know anybody else who could have done that.

**An Evening With Oprah tour dates**

**Melbourne** December 2, Rod Laver Arena  
**Adelaide** December 4, Adelaide Entertainment Centre  
**Perth** December 7, Perth Arena  
**Brisbane** December 10, Brisbane Entertainment Centre  
**Sydney** December 12, Allphones Arena  
**Auckland** December 16, Vector Arena

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Entertainment extra!

Edited by Jessica Grubb

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CELEBRITY  
GET ME OUT OF HERE

Kyle, Imogen  
and Laurina  
to go bush?



BACHELORETTE  
AUSTRALIA

Will runner-  
up Lana  
triumph?



BACHELOR  
AUSTRALIA

Can  
MasterChef  
Dan woo  
them?

## TV Insider

# Reality... or rumours?

Who said you only get 15 minutes of fame? In reality TV you always land a second chance...

The shows haven't started yet, but the 2016 reality TV rumour mill is in full swing!

Former *The Bachelor* contestant Laurina Fleure, who coined the phrase "dirty street pie", is said to be ditching high heels for khakis as she heads to the jungle for series two of *I'm A Celebrity... Get Me Out Of Here*, which is set to air early next year.

Polarising shock jock Kyle Sandilands



AUSTRALIAN  
SURVIVOR

Commando  
will have his  
hands full!

and girlfriend Imogen Anthony have also been approached for the show for the second year running, but Kyle is staying coy, telling listeners: "I'm not in a hurry to go to South Africa and eat a spider!"

Meanwhile, insiders say hunky *MasterChef* star Dan Churchill is the hot ticket to be the next Bachelor when the show returns in 2016. And Lana Jeavons-Fellows, runner-up for Sam Wood's heart, is rumoured to be lined up to dole out the roses as the next Bachelorette.

The new year will also see an Australian version of *Survivor* coming to our screens, with the show receiving almost 5000 applications

from keen Aussies ready to outwit, outplay and outlast! Ten is remaining tight-lipped about who's lined up to host the show, but Steve "Commando" Willis of *The Biggest Loser* fame is said to be in the running for the role.

Over in food land, *My Kitchen Rules* will be making its comeback in less than three months. But this time around there'll be a new judge joining Manu and Pete. Seven is yet to release the name, but we have our money on British chef Rachel Khoo, or Italian-born Silvia Colloca.

Topping off the list, our favourite foodie Nigella Lawson joins the *MasterChef* team as a guest judge.

It's gearing up to be one busy year in reality TV land!

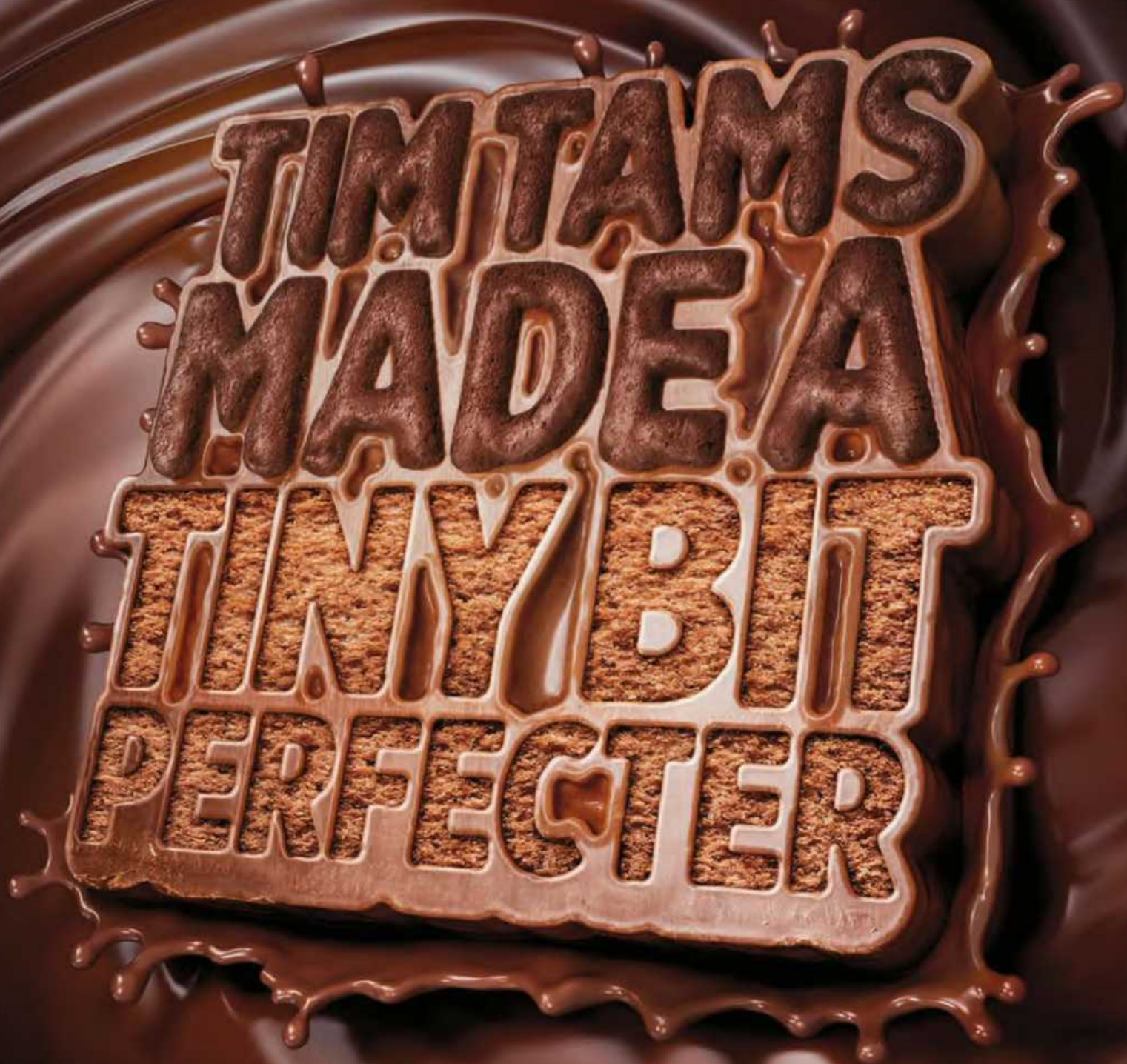


MKR

Rachel and  
Silvia duke  
it out!







**Bite-sized deliciousness, made chocolatey-er.**





# The Lowdown

All the latest celebrity goss & pics

Uma enjoyed a personal beach party in St Barts.

Tipsy topple!

UMA THURMAN

## Cheers to that!

There's always time for a glass of wine – just ask Uma! Sipping rosé on the Caribbean beach in St Barts, the Hollywood actress, 45, was in high spirits as she spent the afternoon laughing it up with friends before taking a tipsy tumble into the sand!





HENRY WINKLER

He may have ditched the leather jacket, but Henry will always be the coolest granddad in Hollywood!

Happy days!

## Grandpa Fonz!

Veteran actor Henry – who is best known for his role as Fonzie in hit series *Happy Days* – took time out to hang with his grandson in Santa Monica. As well as acting, Henry works as an advocate for people with dyslexia and writes kids' books. Onya, Fonz!



DELTA GOODREM & ERIN MOLAN

## Erin: How Delta saved me

When *The Footy Show* co-host Erin was targeted by trolls on social media after joining the hit NRL show, it was Delta, 31, who unexpectedly came to her rescue. "I was driving to work and Delta rang me," says Erin, 33. "Having only met me once, she spent 40 minutes on the phone, reassuring me, encouraging me, telling me, 'People on the street say lovely things; people online say horrible things.' I was struggling [and she] made my life much more pleasurable."

## From hunk to Hanks!

Aussie heartthrob Chris is barely recognisable after undergoing a transformation for his role in upcoming film *In the Heart of the Sea*. The 32-year-old father-of-three captioned a snap on Twitter: "Just tried a new diet/training program called 'Lost at Sea'. Wouldn't recommend it." The star ate a minuscule 2000kJ a day to achieve his "Tom Hanks from *Cast Away*" look.



CHRIS HEMSWORTH



Delta and Erin team up to beat the bullies.



## Leonardo does the splits!

Even mega-rich Hollywood heartthrobs aren't immune to the occasional wardrobe malfunction and Leo's was caught on camera! The actor was the butt of the joke when his shorts split while out in California, leaving a hole the size of the *Titanic*.



LEONARDO DICAPRIO

What a bummer!

## Kate's always been a rock star royal!

She showed off her daredevil side when she went rock climbing in Wales, but it turns out Kate's done it all before. Check out the duchess at just three!



DUCHESS OF CAMBRIDGE

## Harry's heartache as Cressy moves on



Any chance Prince Harry may have had of rekindling his romance with ex Cressida Bonas has gone out the window, with

rumours the blonde beauty is back with her first love, Harry Wentworth-Stanley. According to reports, Cressida, 26, who dated the polo-player on and off before HRH, has moved on from everyone's favourite prince and is even planning on spending this New Year's Eve with her first Harry in Switzerland.

## Channing lets out his inner 'fat kid'



*Magic Mike* star Channing Tatum, 35, has won a legion of fans as the token stud in Hollywood movies, in which he's happily shown

off his toned torso and chiselled abs. But he's taking a step off the treadmill to "breathe". "I have a fat kid inside me," he tells *Heat*. "I like to eat. I like beer, pizza, fries, burgers... So yeah, a small break from the gym will be on the cards. Remaining soft sounds very appealing."

## Too much bling on Amal's ring



Amal Clooney is on the hunt for a new engagement ring. The lawyer feels the lavish sparkler George proposed with gets in the way

of the 37-year-old's work. "Amal told friends she wants a more understated ring, for when she's working," reveals a source. "She's been visiting Cartier and has requested a platinum band."

## Bieber & Selena back on again?



Justin Bieber and Selena Gomez sparked speculation they could be giving love one last shot when they stepped out for dinner at the

Montage in Beverly Hills. The pair, who dated on and off from 2011 to 2014, met at the bar, where Justin, 21, serenaded his 23-year-old former love with a romantic rendition of *My Girl*. But it might take a little more than that. "She was still a bit pouty like she was playing hard to get," an onlooker told *People*.





MACAULAY CULKIN

## From menace to musician

Happy anniversary, Mac! It's been 25 years since eight-year old Kevin saved his home from a pair of dim-witted burglars in *Home Alone*. "I loved it," Macaulay, 35, told CNN. "It was crazy. I was just a kid, and I was doing things other kids my age weren't doing. I got to lead a unique life and I had a blast!" These days, Macaulay spends his time performing parody songs with his band The Pizza Underground.



KALEY CUOCO

## Lesson learned!

Talk about a big mistake! After splitting from her husband Ryan Sweeting this year, *The Big Bang Theory* actress turned her Roman numeral tattoo into a butterfly. She posted, "Thankyou @nero\_sct @studiocitytattoo... note to self - do not mark your body with any future wedding dates."



## Mariah's all LOVED-UP

Wearing the Van Cleef & Arpels diamond necklace James Packer gave her, the diva opened up about how she met her billionaire boyfriend. "We met in Aspen," she told US TV. "We were at the *Hercules* premiere, talking and laughing and people were getting mad at us and stuff like that. So we hit it off."

**\$690,000 necklace!**

MARIAH CAREY

## Game, set, match?

Tennis bad boy Bernard might have met his love match! The sports star couldn't keep his hands off *Bachelor* beauty Ebru at a recent lunch event in Melbourne.



BERNARD TOMIC & EBUR DALLIKAVAK

## Before Sunrise

My how they've changed! Fans couldn't believe Kochie had a full head of hair, while Sam's old look has sparked nose job rumours!



KOCHIE & SAM ARMYTAGE



1999

1973



# The Lowdown

All the latest celeb news and pics

Vince and Vernon looked right at home.

VINCE VAUGHN

## Vince's love affair with Oz!

In Australia to shoot his new movie *Hacksaw Ridge* alongside director Mel Gibson, Vince took a break from filming last week to soak up all Sydney has to offer! Sporting a smile from ear-to-ear, the 45-year-old *Wedding Crashers* star enjoyed beers on a lavish boat before disembarking to see the sights with wife Kyla, daughter Locklyn, four, son Vernon, two, and... TV star Larry Emdur? Who knew they were pals?

Wife Kyla and daughter Locklyn came ashore, as did Larry Emdur!

Happy as Larry!

Sailing Sydney!



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Stainless Steel*



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Black Onyx Accents*

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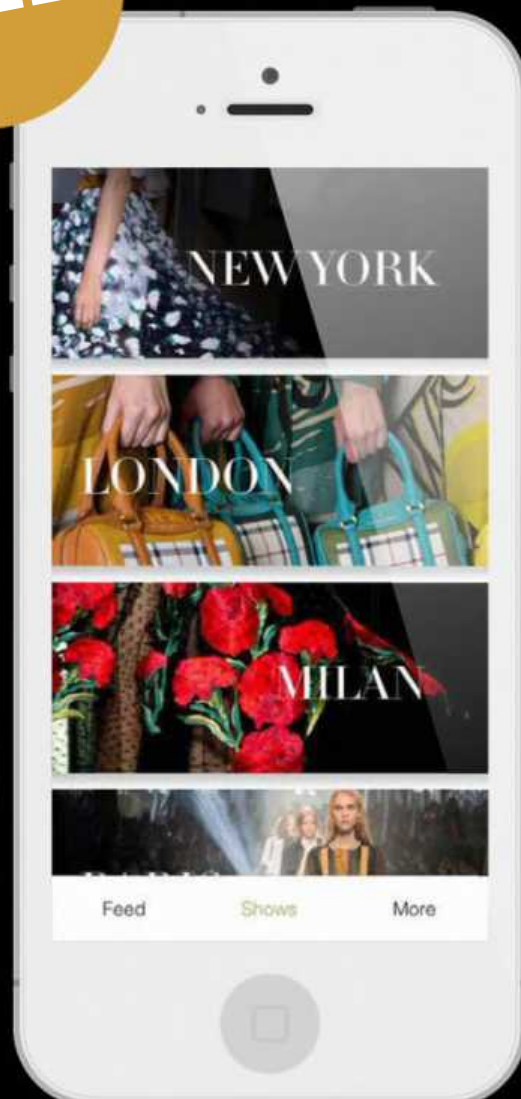
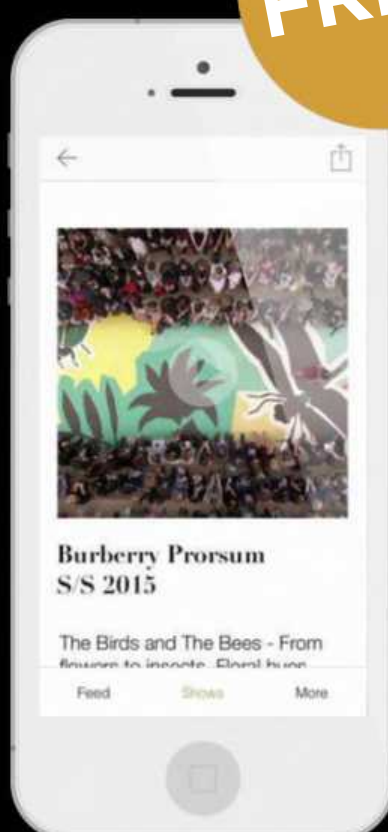
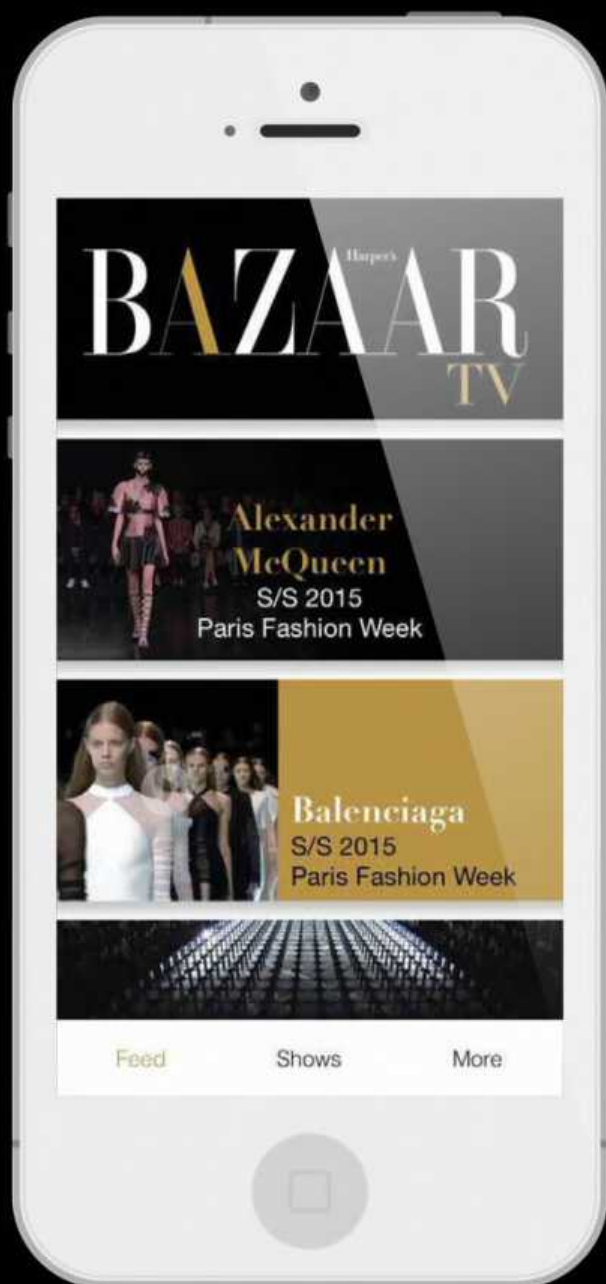
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